

## PRODUCT MONOGRAPH

Pr **ARICEPT**<sup>®</sup>

(donepezil hydrochloride)

Tablets 5 and 10 mg

Pr **ARICEPT**<sup>®</sup> **RDT**

(donepezil hydrochloride)

Rapidly Disintegrating Tablets 5 and 10 mg

### **Cholinesterase Inhibitor**

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# ARICEPT<sup>®</sup>/ARICEPT<sup>®</sup> RDT

(donepezil hydrochloride)

## PART I: HEALTH PROFESSIONAL INFORMATION

### SUMMARY PRODUCT INFORMATION

Route of Administration	Dosage Form / Strength	Clinically Relevant Nonmedicinal Ingredients
oral	Tablets 5 mg and 10 mg	Lactose monohydrate  <i>For a complete listing see Dosage Forms, Composition and Packaging section.</i>
oral	Rapidly Disintegrating Tablets  5 mg and 10 mg	No known clinically relevant nonmedicinal ingredients  <i>For a complete listing see Dosage Forms, Composition and Packaging section.</i>

### INDICATIONS AND CLINICAL USE

**ARICEPT** (donepezil hydrochloride) is indicated for: symptomatic treatment of patients with mild, moderate and severe dementia of the Alzheimer's type.

Efficacy of **ARICEPT** in patients with mild to moderate Alzheimer's disease was established in two 24-week and one 54-week placebo-controlled trials. Efficacy in patients with severe Alzheimer's disease was established in two 24-week/6 month placebo-controlled trials.

**ARICEPT** tablets should only be prescribed by (or following consultation with) clinicians who are experienced in the diagnosis and management of Alzheimer's disease.

### CONTRAINDICATIONS

**ARICEPT** (donepezil hydrochloride) is contraindicated in patients with known hypersensitivity to donepezil hydrochloride or to piperidine derivatives.

## WARNINGS AND PRECAUTIONS

### **Carcinogenesis and Mutagenesis**

Refer to **Product Monograph Part II: TOXICOLOGY - Carcinogenicity** for discussion on animal data.

### **Cardiovascular**

Because of their pharmacological action, cholinesterase inhibitors may have vagotonic effects on heart rate (eg, bradycardia). The potential for this action may be particularly important to patients with "sick sinus syndrome" or other supraventricular cardiac conduction conditions.

In clinical trials in Alzheimer's disease, most patients with serious cardiovascular conditions were excluded. Patients such as those with controlled hypertension (DBP<95 mmHg), right bundle branch blockage, and pacemakers were included. Therefore, caution should be taken in treating patients with active coronary artery disease and congestive heart failure. Syncopal episodes have been reported in association with the use of **ARICEPT**. It is recommended that **ARICEPT** should not be used in patients with cardiac conduction abnormalities (except for right bundle branch block) including "sick sinus syndrome" and those with unexplained syncopal episodes.

### **Gastrointestinal**

Through their primary action, cholinesterase inhibitors may be expected to increase gastric acid secretion due to increased cholinergic activity. Therefore, patients at increased risk for developing ulcers, eg, those with a history of ulcer disease or those receiving concurrent nonsteroidal anti-inflammatory drugs (NSAIDs) including high doses of acetylsalicylic acid (ASA), should be monitored for symptoms of active or occult gastrointestinal bleeding. Clinical studies of **ARICEPT** have shown no increase, relative to placebo in the incidence of either peptic ulcer disease or gastrointestinal bleeding (see **ADVERSE REACTIONS** section).

**ARICEPT**, as a predictable consequence of its pharmacological properties, has been shown to produce, in controlled clinical trials in patients with Alzheimer's disease, diarrhea, nausea and vomiting. These effects, when they occur, appear more frequently with the 10-mg dose than with the 5-mg dose. In most cases, these effects have usually been mild and transient, sometimes lasting 1 to 3 weeks and have resolved during continued use of **ARICEPT** (see **ADVERSE REACTIONS** section). Treatment with the 5-mg/day dose for 4-6 weeks prior to increasing the dose to 10 mg/day is associated with a lower incidence of gastrointestinal intolerance.

### **Genitourinary**

Although not observed in clinical trials of **ARICEPT**, cholinomimetics may cause bladder outflow obstruction.

## **Hepatic**

There is limited information regarding the pharmacokinetics of **ARICEPT** in hepatically impaired Alzheimer disease patients (see **ACTION AND CLINICAL PHARMACOLOGY - Pharmacokinetics** section).

Close monitoring for adverse effects in patients with hepatic disease being treated with **ARICEPT** is therefore recommended.

## **Neurologic**

**Neuroleptic Malignant Syndrome (NMS):** There have been very rare post-marketing reports of Neuroleptic Malignant Syndrome (NMS) in patients treated with **ARICEPT** with or without concomitant antipsychotic medication. NMS is a potentially life-threatening condition characterized by hyperthermia, muscle rigidity, autonomic instability (e.g., irregular pulse or blood pressure, tachycardia, diaphoresis, and cardiac dysrhythmia), altered consciousness and elevated serum creatine phosphokinase (CPK) levels. Additional signs may include myoglobinuria (rhabdomyolysis) and acute renal failure. If a patient develops signs and symptoms indicative of NMS, or presents with unexplained high fever in the absence of additional clinical manifestations of NMS, **ARICEPT** therapy should be discontinued.

## **Rhabdomyolysis (Muscle Effects)**

Rare cases of rhabdomyolysis (including acute renal failure) have been reported in patients treated with **ARICEPT**, particularly in the days following dose initiation and dose increase. Majority of these cases occurred independently of the occurrence of Neuroleptic Malignant Syndrome (NMS).

Patients should be carefully monitored for muscle pain, tenderness or weakness and darkened urine, particularly if accompanied by malaise or fever. Blood creatine phosphokinase (CPK) levels should be assessed in patients experiencing these symptoms. **ARICEPT** therapy should be discontinued if markedly elevated CPK levels are measured and/or if the patient develops signs and symptoms indicative of rhabdomyolysis. Although the decision to discontinue **ARICEPT** should be made based on the clinical judgement of the treating physician, in most post-marketing cases, therapy was withdrawn when CPK levels were 5X upper limit of normal or higher. Caution should be particularly exercised in prescribing **ARICEPT** to patients with predisposing/risk factors such as prior history of muscular disorders, uncontrolled hypothyroidism, hepatic or renal impairment, and in patients who are receiving concomitant medications that can cause rhabdomyolysis (e.g., statins, antipsychotics, selective serotonin reuptake inhibitor/serotonin norepinephrine reuptake inhibitor).

**Seizures:** Some cases of seizures have been reported with the use of **ARICEPT** in clinical trials and from spontaneous Adverse Reaction reporting. Cholinomimetics can cause a reduction of seizure threshold, increasing the risk of seizures. However, seizure activity may also be a manifestation of Alzheimer's disease. The risk/benefit of **ARICEPT** treatment for patients with a history of seizure disorder must therefore be carefully evaluated.

**ARICEPT** has not been studied in patients with Parkinsonian features. The efficacy and safety of **ARICEPT** in these patients are unknown.

### **Peri-Operative Considerations**

**Anesthesia:** **ARICEPT**, as a cholinesterase inhibitor, is likely to exaggerate succinylcholine-type muscle relaxation during anesthesia.

### **Renal**

There is limited information regarding the pharmacokinetics of **ARICEPT** in renally impaired Alzheimer disease patients (see Clinical Pharmacokinetics section).

Close monitoring for adverse effects in patients with renal disease being treated with **ARICEPT** is therefore recommended.

### **Respiratory**

Because of their cholinomimetic action, cholinesterase inhibitors should be prescribed with care to patients with a history of asthma or obstructive pulmonary disease. **ARICEPT** has not been studied in patients under treatment for these conditions and should therefore be used with particular caution in such patients.

### **Special Populations**

**Pregnant and Nursing Women:** The safety of **ARICEPT** during pregnancy and lactation has not been established and therefore, it should not be used in women of childbearing potential or in nursing mothers unless, in the opinion of the physician, the potential benefits to the patient outweigh the possible hazards to the fetus or the infant.

Teratology studies conducted in pregnant rats at doses of up to 16 mg/kg/day and in pregnant rabbits at doses of up to 10 mg/kg/day did not disclose any evidence for a teratogenic potential of **ARICEPT**.

**Pediatrics:** There are no adequate and well-controlled trials to document the safety and efficacy of **ARICEPT** in any illness occurring in children. Therefore, **ARICEPT** is not recommended for use in children.

**Geriatrics ( $\geq 65$  years of age):** In controlled clinical studies with 5 and 10 mg **ARICEPT** in patients with mild to moderate Alzheimer's disease, there were 536 patients between the ages of 65 to 84, and 37 patients aged 85 years or older treated with **ARICEPT**. In controlled clinical trials of patients with severe Alzheimer's disease there were 158 patients who were 74 years of age or less, 276 patients between the ages of 75 and 84, and 139 patients aged 85 years or older treated with **ARICEPT**. In Alzheimer's disease patients, nausea, diarrhea, vomiting, insomnia, fatigue and anorexia increased with dose and age, and the incidence appeared to be greater in female patients. Since cholinesterase inhibitors as well as Alzheimer's disease can be associated with significant weight loss, caution is advised regarding the use of **ARICEPT** in low body weight elderly patients, especially in those  $\geq 85$  years old.

**Use in Elderly Patients with Comorbid Disease:** There is limited safety information for **ARICEPT** in patients with mild to moderate or severe Alzheimer's disease and significant comorbidity. The use of **ARICEPT** in Alzheimer's disease patients with chronic illnesses common among the geriatric population, should be considered only after careful risk/benefit

assessment and include close monitoring for adverse events. Caution is advised regarding the use of **ARICEPT** doses above 5 mg in this patient population.

In severe Alzheimer's disease, the possibility of comorbid vascular disease and risk factors for vascular adverse events and mortality should be considered.

**Patients with vascular dementia:**

Three clinical trials, each of 6 months duration, were conducted to evaluate the safety and efficacy of **ARICEPT** for the symptomatic treatment of individuals meeting the NINDS-AIREN criteria for probable or possible vascular dementia. The NINDS-AIREN criteria are designed to identify patients with dementia that appears to be due solely to vascular causes, and to exclude patients with Alzheimer's disease. **ARICEPT** was not shown to be an effective treatment for patients with vascular dementia in two of these clinical trials

The safety profile from these controlled clinical trials in vascular dementia patients indicates that the rate of occurrence of treatment emergent adverse events overall was higher in vascular dementia patients (86%) than in Alzheimer's disease patients (75%). This was seen in both **ARICEPT**-treated subjects and placebo-treated subjects and may relate to the greater number of co-morbid medical conditions in the vascular dementia population.

In two of the clinical trials there was a higher rate of mortality among patients treated with **ARICEPT**, during double-blind treatment; this result was statistically significant for one of these two trials. For the three vascular dementia studies combined, the mortality rate in the **ARICEPT** group (1.7%, 25/1475) was numerically higher than in the placebo group (1.1%, 8/718), but this difference was not statistically significant.

These results are summarized as follows:

**Mortality rates in ARICEPT vascular dementia clinical trials**

Study	Placebo	ARICEPT 5 mg	p-value <sup>x</sup>	ARICEPT 10 mg	p-value <sup>x</sup>
307	3.5% (7/199)	1.0% (2/198)	0.17	2.4% (5/206)	0.57
308	0.5% (1/193)	1.9% (4/208)	0.37	1.4% (3/215)	0.62
319	0% (0/326)	1.7% (11/648)	0.02	*	NA
Combined	1.1% (8/718)	1.7% (25/1475)			0.35

\* No 10 mg ARICEPT treatment arm in Study 319

<sup>x</sup> p-values are for 5 mg donepezil vs placebo and 10 mg donepezil vs placebo

The majority of deaths in patients taking either **ARICEPT** or placebo appear to have resulted from various vascular related causes, which may be expected in this elderly, fragile, population with co-morbid vascular disease. In the three combined vascular dementia clinical trials there were similar proportions of patients with serious AEs in both treatment groups (approximately 15%), and similar proportions of patients with serious cardiovascular or cerebrovascular adverse events (non-fatal and fatal, approximately 8%). The proportion of patients who had a fatal cardiovascular or cerebrovascular adverse event was numerically higher in the **ARICEPT** group than in the placebo group, but this difference was not statistically significant across the three trials.

There is no evidence of an increased risk of mortality when **ARICEPT** is used in patients with mild to moderate Alzheimer's disease.

## **ADVERSE REACTIONS**

### **Adverse Drug Reaction Overview**

#### **Alzheimer's disease:**

##### ***Mild to Moderate Alzheimer's Disease***

A total of 747 patients with mild to moderate Alzheimer's disease were treated in controlled clinical studies with **ARICEPT** (donepezil hydrochloride). Of these patients, 613 (82%) completed the studies. The mean duration of treatment for all **ARICEPT** groups was 132 days (range 1-356 days).

#### **Adverse Events Leading to Discontinuation**

The rates of discontinuation from controlled clinical trials of **ARICEPT** due to adverse events for the **ARICEPT** 5 mg/day treatment groups were comparable to those of placebo-treatment groups at approximately 5%. The rate of discontinuation of patients who received the 10-mg/day dose after only a 1 week initial treatment with 5 mg/day **ARICEPT** was higher at 13%.

The most common adverse events leading to discontinuation, defined as those occurring in at least 2% of patients and at twice the incidence seen in placebo patients, are shown in Table 1.

**Table 1. Most Frequent Adverse Events in Patients with Mild to Moderate Alzheimer's Disease Leading to Withdrawal from Controlled Clinical Trials by Dose Group**

<b>Dose Group</b>	<b>Placebo</b>	<b>5 mg/day ARICEPT</b>	<b>10 mg/day ARICEPT</b>
<b>Number of Patients Randomized</b>	355	350	315
<b>Events/% Discontinuing</b>			
Nausea	1%	1%	3%
Diarrhea	0%	<1%	3%
Vomiting	<1%	<1%	2%

#### **Most Frequent Adverse Clinical Events Seen in Association with the Use of ARICEPT**

The most common adverse events, defined as those occurring at a frequency of at least 5% in patients receiving 10 mg/day and twice the placebo rate, are largely predicted by **ARICEPT**'s cholinomimetic effects. These include nausea, diarrhea, insomnia, vomiting, muscle cramp, fatigue and anorexia.

These adverse events were often of mild intensity and transient, resolving during continued **ARICEPT** treatment without the need for dose modification.

There is evidence to suggest that the frequency of these common adverse events may be affected by the duration of treatment with an initial 5-mg daily dose prior to increasing the dose to 10 mg/day. An open-label study was conducted with 269 patients who received placebo in the 15- and 30-week studies. These patients received a 5-mg/day dose for 6 weeks prior to initiating treatment with 10 mg/day. The rates of common adverse events were lower than those seen in controlled clinical trial patients who received 10 mg/day after only a 1 week initial treatment period with a 5-mg daily dose, and were comparable to the rates noted in patients treated only with 5 mg/day.

See Table 2 for a comparison of the most common adverse events following 1- and 6-week initial treatment periods with 5 mg/day **ARICEPT**.

**Table 2. Comparison of Rates of Adverse Events in Patients with Mild to Moderate Alzheimer’s Disease Treated with 10 mg/day after 1 and 6 Weeks of Initial Treatment with 5 mg/day**

Adverse Event	No Initial treatment		1-Week Initial treatment with 5 mg/day	6-Week Initial treatment with 5 mg/day
	Placebo (N= 315)	5 mg/day (N= 311)	10 mg/day (N= 315)	10 mg/day (N=269)
Nausea	6%	5%	19%	6%
Diarrhea	5%	8%	15%	9%
Insomnia	6%	6%	14%	6%
Fatigue	3%	4%	8%	3%
Vomiting	3%	3%	8%	5%
Muscle Cramps	2%	6%	8%	3%
Anorexia	2%	3%	7%	3%

### Clinical Trial Adverse Drug Reactions

The events cited reflect experience gained under closely monitored conditions of clinical trials in a highly selected patient population. In actual clinical practice or in other clinical trials, these frequency estimates may not apply, as the conditions of use, reporting behavior, and the kinds of patients treated may differ.

Table 3 lists treatment-emergent signs and symptoms (TESS) that were reported in at least 2% of patients from placebo-controlled clinical trials who received **ARICEPT** and for which the rate of occurrence was greater for **ARICEPT** than placebo-assigned patients. In general, adverse events occurred more frequently in female patients and with advancing age.

**Table 3. Mild to Moderate Alzheimer’s Disease: Adverse Events Reported in Controlled Clinical Trials in at Least 2% of Patients Receiving ARICEPT and at a Higher Frequency than Placebo-Treated Patients**

<b>Body System/Adverse Events</b>	<b>Placebo n = 355</b>	<b>ARICEPT n = 747</b>
Percent of Patients with any Adverse Event	72	74
<b>Body as a Whole</b>		
Headache	9	10
Pain, various locations	8	9
Accident	6	7
Fatigue	3	5
<b>Cardiovascular System</b>		
Syncope	1	2
<b>Digestive System</b>		
Nausea	6	11
Diarrhea	5	10
Vomiting	3	5
Anorexia	2	4
<b>Hemic and Lymphatic System</b>		
Ecchymosis	3	4
<b>Metabolic and Nutritional</b>		
Weight Decrease	1	3
<b>Musculoskeletal System</b>		
Muscle Cramps	2	6
Arthritis	1	2
<b>Nervous System</b>		
Insomnia	6	9
Dizziness	6	8
Depression	<1	3
Abnormal Dreams	0	3
Somnolence	<1	2
<b>Urogenital</b>		
Frequent Urination	1	2

## Other Adverse Events Observed During Clinical Trials in Mild to Moderate Alzheimer's Disease

During the premarketing phase, **ARICEPT** has been administered to over 1700 individuals with mild to moderate Alzheimer's disease for various lengths of time during clinical trials worldwide. Approximately 1200 patients have been treated for at least 3 months, and more than 1000 patients have been treated for at least 6 months. Controlled and uncontrolled trials in the United States included approximately 900 patients. In regards to the highest dose of 10 mg/day, this population includes 650 patients treated for 3 months, 475 patients treated for 6 months and 115 patients treated for over 1 year. The range of patient exposure is from 1 to 1214 days.

Treatment-emergent signs and symptoms that occurred during 3 placebo-controlled clinical trials and 2 open-label trials of patients with mild to moderate Alzheimer's disease were recorded as adverse events by the clinical investigators using terminology of their own choosing. To provide an overall estimate of the proportion of individuals having similar types of events, the studies were integrated and the events were grouped into a smaller number of standardized categories using a modified COSTART dictionary and event frequencies were calculated across all studies. These categories are used in the listing below. The frequencies represent the proportion of 900 patients from these trials who experienced that event while receiving **ARICEPT**. All adverse events occurring at least twice are included. Adverse events already listed in Tables 2 and 3 are not repeated here (ie, events occurring at an incidence >2%). Also excluded are COSTART terms too general to be informative, or events less likely to be drug-caused. Events are classified by body system and listed as occurring in  $\geq 1\%$  and  $< 2\%$  of patients (ie, in 1/100 to 2/100 patients: frequent) or in  $< 1\%$  of patients (ie, in 1/100 to 1/1000 patients: infrequent). These adverse events are not necessarily related to **ARICEPT** treatment and in most cases were observed at a similar frequency in placebo-treated patients in the controlled studies.

### Adverse Events Occurring in $\geq 1\%$ and $< 2\%$ or $< 1\%$ of Patients Receiving ARICEPT:

**Body as a Whole:** ( $\geq 1\%$  and  $< 2\%$ ) influenza, chest pain, toothache; ( $< 1\%$ ) fever, edema face, periorbital edema, hernia hiatal, abscess, cellulitis, chills, generalized coldness, head fullness, head pressure, listlessness.

**Cardiovascular System:** ( $\geq 1\%$  and  $< 2\%$ ) hypertension, vasodilation, atrial fibrillation, hot flashes, hypotension; ( $< 1\%$ ) angina pectoris, postural hypotension, myocardial infarction, premature ventricular contraction, arrhythmia, AV Block (first degree), congestive heart failure, arteritis, bradycardia, peripheral vascular disease, supraventricular tachycardia, deep vein thromboses.

**Digestive System:** ( $\geq 1\%$  and  $< 2\%$ ) fecal incontinence, gastrointestinal bleeding, bloating, epigastric pain; ( $< 1\%$ ) eructation, gingivitis, increased appetite, flatulence, periodontal abscess, cholelithiasis, diverticulitis, drooling, dry mouth, fever sore, gastritis, irritable colon, tongue edema, epigastric distress, gastroenteritis, increased transaminases, hemorrhoids, ileus, increased thirst, jaundice, melena, polydipsia, duodenal ulcer, stomach ulcer.

**Endocrine System:** ( $< 1\%$ ) diabetes mellitus, goiter.

**Hemic & Lymphatic System:** (<1%) anemia, thrombocythemia, thrombocytopenia, eosinophilia, erythrocytopenia.

**Nutritional Disorders:** (≥1% and <2%) dehydration; (<1%) gout, hypokalemia, increased creatine kinase, hyperglycemia, weight increase, increased lactate dehydrogenase.

**Musculoskeletal System:** (≥1% and <2%) bone fracture; (<1%) muscle weakness, muscle fasciculation.

**Nervous System:** (≥1% and <2%) delusions, tremor, irritability, paresthesia, aggression, vertigo, ataxia, libido increased, restlessness, abnormal crying, nervousness, aphasia; (<1%) cerebrovascular accident, intracranial hemorrhage, transient ischemic attack, emotional lability, neuralgia, coldness (localized), muscle spasm, dysphoria, gait abnormality, hypertonia, hypokinesia, neurodermatitis, numbness (localized), paranoia, dysarthria, dysphasia, hostility, decreased libido, melancholia, emotional withdrawal, nystagmus, pacing, seizures.

**Respiratory System:** (≥1% and <2%) dyspnea, sore throat, bronchitis; (<1%) epistaxis, postnasal drip, pneumonia, hyperventilation, pulmonary congestion, wheezing, hypoxia, pharyngitis, pleurisy, pulmonary collapse, sleep apnea, snoring.

**Skin and Appendages:** (≥1% and <2%) abrasion, pruritus, diaphoresis, urticaria; (<1%) dermatitis, erythema, skin discoloration, hyperkeratosis, alopecia, fungal dermatitis, herpes zoster, hirsutism, skin striae, night sweats, skin ulcer.

**Special Senses:** (≥1% and <2%) cataract, eye irritation, blurred vision; (<1%) dry eyes, glaucoma, earache, tinnitus, blepharitis, decreased hearing, retinal hemorrhage, otitis externa, otitis media, bad taste, conjunctival hemorrhage, ear buzzing, motion sickness, spots before eyes.

**Urogenital System:** (≥1% and <2%) urinary incontinence, nocturia; (<1%) dysuria, hematuria, urinary urgency, metrorrhagia, cystitis, enuresis, prostate hypertrophy, pyelonephritis, inability to empty bladder, breast fibroadenosis, fibrocystic breast, mastitis, pyuria, renal failure, vaginitis.

### Long-Term Safety

Patients were exposed to **ARICEPT** in 2 open-label extension mild to moderate Alzheimer's disease studies (n = 885) of over 2 years. In 1 of the studies, 763 patients who previously completed 1 of 2 placebo-controlled studies of 15 or 30 weeks duration continued to receive **ARICEPT** and were evaluated for safety and neuropsychological evaluations for up to 152 weeks; the safety profile of **ARICEPT** in this extension study remained consistent with that observed in placebo-controlled trials. Following 1 and 2 years of treatment, 76% (n = 580) and 49% (n = 374) of these patients, respectively, were still receiving therapy (cumulative Weeks 48 and 108).

### ***Severe Alzheimer's Disease***

A total of 573 patients with severe Alzheimer's disease were treated in controlled clinical studies with ARICEPT. Of these patients, 441 (77%) completed the studies. The duration of double-blind treatment in all studies was 24 weeks. The mean duration of treatment for all ARICEPT groups was 148.4 days (range 1-231 days). The mean daily dose of ARICEPT was 7.5 mg/day.

In clinical trials of patients with severe Alzheimer's disease, most patients with significant comorbid conditions were excluded. The use of ARICEPT in Alzheimer's disease patients with chronic illnesses common among the geriatric population, should be considered only after careful risk/benefit assessment and should include close monitoring for adverse events.

### **Adverse Events Leading to Discontinuation**

In controlled clinical trials in severe Alzheimer's disease, the rate of discontinuation due to adverse events was 11.3% in patients treated with ARICEPT compared to 6.7% in the placebo group. The most common adverse events that led to discontinuation, more often in patients treated with ARICEPT than placebo, were diarrhea, nausea, vomiting, urinary tract infection, decreased appetite, and aggression. Each of these adverse events led to discontinuation of less than 2% of patients treated with ARICEPT.

### **Most Frequent Adverse Clinical Events Seen in Association with the Use of ARICEPT**

The incidence profile for adverse events for severe Alzheimer's disease was similar to that of mild to moderate Alzheimer's disease (see Table 4).

The most common adverse events, defined as those occurring at a frequency of at least 5% in patients and twice the placebo rate, were vomiting, diarrhea, nausea, and aggression. Overall, the majority of adverse events were judged by the investigators to be mild or moderate in intensity.

Table 4 lists treatment-emergent signs and symptoms (TESS) that were reported in at least 2% of patients from placebo-controlled clinical trials who received ARICEPT and for which the rate of occurrence was greater for ARICEPT than placebo-assigned patients.

**Table 4. Severe Alzheimer’s Disease: Adverse Events Reported in Controlled Clinical Trials in at Least 2% of Patients Receiving ARICEPT and at a Higher Frequency than Placebo-Treated Patients**

<b>Body system/Adverse events</b>	<b>Placebo n=465</b>	<b>ARICEPT N=573</b>
<b>Percent of Patients with Any Adverse Event</b>	<b>74</b>	<b>81</b>
<b>Gastrointestinal</b>		
Diarrhea	4	10
Vomiting	4	8
Nausea	3	6
Fecal incontinence	1	2
<b>General</b>		
Pyrexia	1	2
Chest pain	0	2
<b>Infections and infestations</b>		
Urinary tract infection	7	8
Nasopharyngitis	6	8
Pneumonia	3	4
<b>Injury, poisoning, procedural complications</b>		
Fall	9	10
Contusion	2	4
Skin laceration	1	2
<b>Investigations</b>		
Blood creatine phosphokinase increased	1	2
<b>Metabolism and nutrition</b>		
Anorexia	2	4
Decreased appetite	1	3
Dehydration	1	2
<b>Musculoskeletal and connective tissue</b>		
Back pain	2	3
Osteoarthritis	1	2
<b>Nervous system</b>		
Headache	3	5
Somnolence	0	2
<b>Psychiatric</b>		
Aggression	2	5
Insomnia	3	4
Restlessness	2	3
Hallucination	1	2
Confusional state	1	2
<b>Renal and urinary</b>		
Urinary incontinence	2	3
<b>Respiratory</b>		
Cough	1	2
<b>Skin</b>		
Eczema	1	2
<b>Vascular</b>		
Hypertension	1	2

A frequency of 0 has been used when frequencies were <0.5%

Results from the controlled clinical trials indicate that the incidence of adverse events such as vomiting, urinary tract infection, urinary incontinence, pneumonia, falls, decreased appetite, aggression, restlessness, hallucination and confusion may be higher in **ARICEPT** and placebo-treated patients with severe Alzheimer's disease than in patients with mild to moderate Alzheimer's disease.

Other adverse events that occurred with an incidence of at least 2% in **ARICEPT** treated patients and at an equal or lower rate than in placebo treated patients included: abdominal pain, fatigue, gastroenteritis, excoriation, dizziness, anxiety and depression.

#### Long-term safety for severe Alzheimer's disease

In Study 315, which was a 24 week, randomized, placebo controlled study in severe Alzheimer's patients, at the end of double-blind treatment 229 patients entered open label **ARICEPT** treatment for up to an additional 12 weeks. Therefore, at the end of the open label phase, 111 patients had received up to 36 weeks of **ARICEPT** treatment and 118 patients had received up to 12 weeks of **ARICEPT** treatment.

The most commonly affected body systems, types and frequencies of adverse events reported during 12 weeks of open label **ARICEPT** treatment were similar to what was observed during 24 weeks of double-blind treatment.

Gastrointestinal adverse events (diarrhea, nausea, vomiting, anorexia) were reported at a higher frequency in patients who received up to 12 weeks of **ARICEPT** treatment. Other adverse events reported at higher frequencies in the patients treated with **ARICEPT** for up to 12 weeks included infection, insomnia, pneumonia, fever, dizziness, hypertension, asthenia, tremor, pharyngitis, hallucinations, convulsions and cysts.

In patients treated with **ARICEPT** for up to 36 weeks, accidental injury, urinary incontinence and urinary tract infections were reported at higher frequencies.

#### Post-Market Adverse Drug Reactions

Voluntary reports of adverse events temporally associated with **ARICEPT** that have been received since market introduction that are not listed above, and that for which there is inadequate data to determine the causal relationship with the drug include the following: abdominal pain, agitation, cholecystitis, convulsions, rhabdomyolysis, neuroleptic malignant syndrome (NMS), electrocardiogram QT prolonged, heart block (all types), hemolytic anemia, hepatitis, hyponatremia, pancreatitis, rash, long QT syndrome, torsades de pointes, sudden cardiac death, sudden death, and ventricular tachycardia.

## DRUG INTERACTIONS

### Concomitant Use with Other Drugs

**Use with Anticholinergics:** Because of their mechanism of action, cholinesterase inhibitors have the potential to interfere with the activity of anticholinergic medications.

**Use with Cholinomimetics and Other Cholinesterase Inhibitors:** A synergistic effect may be expected when cholinesterase inhibitors are given concurrently with succinylcholine, similar neuromuscular blocking agents or cholinergic agonists such as bethanechol.

**Use with Other Psychoactive Drugs:** Few patients in controlled clinical trials received neuroleptics, antidepressants or anticonvulsants. There is thus limited information concerning the interaction of **ARICEPT** with these drugs.

### Drug-Drug Interactions

Pharmacokinetic studies, limited to short-term, single-dose studies in young subjects evaluated the potential of **ARICEPT** for interaction with theophylline, cimetidine, warfarin and digoxin administration. No significant effects on the pharmacokinetics of these drugs were observed. Similar studies in elderly patients were not done.

**Drugs Highly Bound to Plasma Proteins:** Drug displacement studies have been performed in vitro between donepezil, a highly bound drug (96%) and other drugs such as furosemide, digoxin, and warfarin. Donepezil at concentrations of 0.3 - 10 µg/mL did not affect the binding of furosemide (5 µg/mL), digoxin (2 ng/mL) and warfarin (3 µg/mL) to human albumin. Similarly, the binding of donepezil to human albumin was not affected by furosemide, digoxin and warfarin.

**Effect of ARICEPT on the Metabolism of Other Drugs:** In vitro studies show a low rate of donepezil binding to CYP 3A4 and CYP 2D6 isoenzymes (mean  $K_i$  about 50-130 µM), which, given the therapeutic plasma concentrations of donepezil (164 nM), indicates little likelihood of interferences.

In a pharmacokinetic study involving 18 healthy volunteers, the administration of **ARICEPT** at a dose of 5 mg/day for 7 days had no clinically significant effect on the pharmacokinetics of ketoconazole. No other clinical trials have been conducted to investigate the effect of **ARICEPT** on the clearance of drugs metabolized by CYP 3A4 (eg, cisapride, terfenadine) or by CYP 2D6 (eg, imipramine).

It is not known whether **ARICEPT** has any potential for enzyme induction.

**Effect of Other Drugs on the Metabolism of ARICEPT:** Ketoconazole and quinidine, inhibitors of CYP450, 3A4 and 2D6, respectively, inhibit donepezil metabolism in vitro. In a pharmacokinetic study, 18 healthy volunteers received 5 mg/day **ARICEPT** together with 200 mg/day ketoconazole for 7 days. In these volunteers, mean donepezil plasma concentrations were increased by about 30%-36%.

Inducers of CYP 2D6 and CYP 3A4 (eg, phenytoin, carbamazepine, dexamethasone, rifampin and phenobarbital) could increase the rate of elimination of **ARICEPT**.

Pharmacokinetic studies demonstrated that the metabolism of **ARICEPT** is not significantly affected by concurrent administration of digoxin or cimetidine.

### **Drug-Food Interactions**

Food does not have an influence on the rate and extent of donepezil hydrochloride absorption.

### **Drug-Herb Interactions**

Interactions with herbal products have not been established.

### **Drug-Laboratory Interactions**

Interactions with laboratory tests have not been established.

## **DOSAGE AND ADMINISTRATION**

### **Dosing Considerations**

**ARICEPT** (donepezil hydrochloride) or **ARICEPT RDT** should only be prescribed by (or following consultation with) clinicians who are experienced in the diagnosis and management of Alzheimer's disease.

### **Special Populations:**

The use of **ARICEPT** in Alzheimer's disease patients with chronic illnesses common among the geriatric population, should be considered only after careful risk/benefit assessment and include close monitoring for adverse events. It is recommended that **ARICEPT** be used with caution in these patient populations. Adverse events are more common in individuals of low body weight, in patients  $\geq 85$  years old and in females.

### **Recommended Dose and Dosage Adjustment**

**Adults:** The recommended initial dose of **ARICEPT** or **ARICEPT RDT** is 5 mg taken once daily. Therapy with the 5-mg dose should be maintained for 4-6 weeks before considering a dose increase, in order to avoid or decrease the incidence of the most common adverse reactions to the drug (see **ADVERSE REACTIONS** section) and to allow plasma levels to reach steady state. Based on clinical judgement, the 10-mg daily dose may be considered following 4-6 weeks of treatment at 5 mg/day. The maximum recommended dose is 10 mg taken once daily.

Following initiation of therapy or any dosage increase, patients should be closely monitored for adverse effects.

## **Special Populations:**

Adverse events are more common in individuals of low body weight, in patients  $\geq 85$  years old and in females. In elderly women of low body weight, the dose should not exceed 5 mg/day.

In a population of cognitively-impaired individuals, safe use of this and all other medications may require supervision.

**ARICEPT** should be taken once daily in the morning or evening. It may be taken with or without food.

## **Administration**

**ARICEPT** tablets should be swallowed whole with water.

**ARICEPT RDT** should be placed on the tongue and allowed to disintegrate before swallowing with water.

## **OVERDOSAGE**

**Symptoms:** Overdosage with cholinesterase inhibitors can result in cholinergic crisis characterized by severe nausea, vomiting, salivation, sweating, bradycardia, hypotension, respiratory depression, collapse and convulsions. Increasing muscle weakness is a possibility and may result in death if respiratory muscles are involved.

**Treatment:** The elimination half-life of **ARICEPT** (donepezil hydrochloride) at recommended doses is approximately 70 hours, thus, in the case of overdose, it is anticipated that prolonged treatment and monitoring of adverse and toxic reactions will be necessary. As in any case of overdose, general supportive measures should be utilized.

Tertiary anticholinergics such as atropine may be used as an antidote for **ARICEPT** overdosage. Intravenous atropine sulfate titrated to effect is recommended: an initial dose of 1.0 to 2.0 mg IV with subsequent doses based upon clinical response. Atypical responses in blood pressure and heart rate have been reported with other cholinomimetics when co-administered with quaternary anticholinergics such as glycopyrrolate. It is not known whether **ARICEPT** and/or its metabolites can be removed by dialysis (hemodialysis, peritoneal dialysis, or hemofiltration).

Dose-related signs of toxicity observed in animals included reduced spontaneous movement, prone position, staggering gait, lacrimation, clonic convulsions, depressed respiration, salivation, miosis, fasciculation, and lower body surface temperature.

## ACTION AND CLINICAL PHARMACOLOGY

### Mechanism of Action

**ARICEPT** (donepezil hydrochloride) is a piperidine-based, reversible inhibitor of the enzyme acetylcholinesterase (AChE).

A consistent pathological change in Alzheimer's disease is the degeneration of cholinergic neuronal pathways that project from the basal forebrain to the cerebral cortex and hippocampus. The resulting hypofunction of the cholinergic systems is thought to account for some of the clinical manifestations of dementia. Donepezil is postulated to exert its therapeutic effect by enhancing cholinergic function. This is accomplished by increasing the concentration of acetylcholine (ACh) through reversible inhibition of its hydrolysis by AChE.

There is no evidence that donepezil alters the course of the underlying dementing process.

### Pharmacokinetics

**Absorption:** Donepezil is well absorbed with a relative oral bioavailability of 100% and reaches peak plasma concentrations ( $C_{max}$ ) approximately 3 to 4 hours after dose administration. Plasma concentrations and area under the curve (AUC) were found to rise in proportion to the dose administered within the 1 to 10 mg dose range studied. The terminal disposition half-life ( $t_{1/2}$ ) is approximately 70 hours and the mean apparent plasma clearance (Cl/F) is 0.13L/hr/kg. Following multiple dose administration, donepezil accumulates in plasma by 4-7 fold and steady state is reached within 15 days. The minimum, maximum and steady-state plasma concentrations (C) and pharmacodynamic effect (E, percent inhibition of AChE in erythrocyte membranes) of donepezil hydrochloride in healthy adult male and female volunteers are given in Table 4.

**Table 4. Plasma Concentrations and Pharmacodynamic Effect of Donepezil Hydrochloride at Steady-State (Mean  $\pm$  S.D.)**

Dose (mg/day)	$C_{min}$ (ng/mL)	$C_{max}$ (ng/mL)	$C_{ss}^1$ (ng/mL)	$E_{min}$ %	$E_{max}$ %	$E_{ss}^2$ %
5	21.4 $\pm$ 3.8	34.1 $\pm$ 7.3	26.5 $\pm$ 3.9	62.2 $\pm$ 5.8	71.8 $\pm$ 4.3	65.3 $\pm$ 5.2
10	38.5 $\pm$ 8.6	60.5 $\pm$ 10.0	47.0 $\pm$ 8.2	74.7 $\pm$ 4.4	83.6 $\pm$ 1.9	77.8 $\pm$ 3.0

<sup>1</sup>  $C_{ss}$ : Plasma concentration at steady state

<sup>2</sup>  $E_{ss}$ : Inhibition of erythrocyte membrane acetylcholinesterase at steady state

The range of inhibition of erythrocyte membrane AChE noted in Alzheimer's disease patients in controlled clinical trials was 40 to 80% and 60 to 90% for the 5-mg/day and 10-mg/day doses, respectively.

Pharmacokinetic parameters from healthy adult male and female volunteers participating in a multiple-dose study where single daily doses of 5 mg or 10 mg of donepezil hydrochloride were administered each evening are summarized in Table 5. Treatment duration was 1 month.

However, volunteers randomized to the 10 mg/day dose group initially received 5-mg daily doses of donepezil for 1 week before receiving the 10-mg daily dose for the next 3 weeks in order to avoid acute cholinergic effects.

**Table 5. Pharmacokinetic Parameters of Donepezil Hydrochloride at Steady-State (Mean ± S.D.)**

Dose (mg/day)	t <sub>max</sub> (hr)	AUC <sub>0-24</sub> (ng-hr/mL)	Cl <sub>T</sub> /F (L/hr/kg)	V <sub>z</sub> /F (L/kg)	t <sub>1/2</sub> (hr)
5	3.0 ± 1.4	634.8 ± 92.2	0.110 ± 0.02	11.8 ± 1.7	72.7 ± 10.6
10	3.9 ± 1.0	1127.8 ± 195.9	0.110 ± 0.02	11.6 ± 1.9	73.5 ± 11.8

t<sub>max</sub>: Time to maximal plasma concentration  
 Auc<sub>0-24</sub>: Area under the plasma concentration versus time curve from 0 to 24 hours  
 Cl<sub>T</sub>/F: Mean apparent plasma clearance  
 V<sub>z</sub>/F: Apparent volume of distribution  
 t<sub>1/2</sub>: Elimination half-life

Neither food nor time of dose administration (ie, morning versus evening dose) have an influence on the rate and extent of donepezil hydrochloride absorption.

The effect of achlorhydria on the absorption of donepezil hydrochloride is unknown.

**Distribution:** Donepezil hydrochloride is about 96% bound to human plasma proteins, mainly to albumins (~75%) and α<sub>1</sub>-acid glycoprotein (~21%) over the concentration range of 2 to 1000 ng/mL.

**Metabolism/Excretion:** Donepezil hydrochloride is extensively metabolized and is also excreted in the urine as parent drug. The rate of metabolism of donepezil hydrochloride is slow and does not appear to be saturable. There are 4 major metabolites – 2 of which are known to be active - and a number of minor metabolites, not all of which have been identified. Donepezil is metabolized by CYP 450 isoenzymes 2D6 and 3A4 and undergoes glucuronidation. Following administration of a single 5-mg dose of <sup>14</sup>C-labelled donepezil hydrochloride, plasma radioactivity, expressed as a percent of the administered dose, was present primarily as unchanged donepezil hydrochloride (53%), and as 6-O-desmethyl donepezil (11%) which has been reported to inhibit AChE to the same extent as donepezil in vitro and was found in plasma at concentrations equal to about 20% of donepezil. Approximately 57% of the total administered radioactivity was recovered from the urine and 15% was recovered from the feces (total recovery of 72%) over a period of 10 days. Approximately 28% of the labelled donepezil remained uncovered, with about 17% of the donepezil dose recovered in the urine as parent drug.

### **Special Populations and Conditions**

**Gender/Age:** No formal pharmacokinetic study was conducted to examine age and gender related differences in the pharmacokinetic profile of donepezil. However, mean plasma

donepezil concentrations measured during therapeutic drug monitoring of elderly male and female patients with Alzheimer's disease are comparable to those observed in young healthy volunteers.

**Race:** No specific pharmacokinetic study was conducted to investigate the effects of race on the disposition of donepezil. However, retrospective pharmacokinetic analysis indicates that gender and race (Japanese and Caucasians) did not affect the clearance of donepezil.

**Hepatic Insufficiency:** In a study of 10 patients with stable alcoholic cirrhosis, the clearance of donepezil was decreased by 20% relative to 10 healthy age and sex matched subjects.

**Renal Insufficiency:** In a study of 4 patients with moderate to severe renal impairment ( $Cl_{cr} < 22$  mL/min/1.73 m<sup>2</sup>) the clearance of donepezil did not differ from that of 4 age and sex matched healthy subjects.

## STORAGE AND STABILITY

**ARICEPT** tablets and **ARICEPT RDT** should be stored at controlled room temperature, 15°C to 30°C and away from moisture.

**ARICEPT RDT** should not be removed from blisters until immediately prior to administration. Protect from light.

## DOSAGE FORMS, COMPOSITION AND PACKAGING

### ARICEPT tablets

**ARICEPT** (donepezil hydrochloride) is supplied as film-coated tablets containing 5 mg (white tablets) or 10 mg (yellow tablets) of donepezil hydrochloride. The name **ARICEPT** and the strength are embossed on each tablet.

Each 5 and 10 mg, film-coated tablet contains 5.00 and 10.00 mg of donepezil hydrochloride respectively, equivalent to 4.56 and 9.12 mg of donepezil free base. Inactive ingredients are lactose monohydrate, corn starch, microcrystalline cellulose, hydroxypropylcellulose, and magnesium stearate. The film coating contains talc, polyethylene glycol, hypromellose and titanium dioxide. Additionally, the 10-mg tablet contains iron oxide as a coloring agent.

**ARICEPT** is available in high-density polyethylene (HDPE) bottles of 30 and 100 tablets and in blister strips boxed as 7, 14 and 28 tablets (combination of 2 strips of 14 tablets).

### ARICEPT RDT

**ARICEPT RDT** is supplied as uncoated rapidly disintegrating tablets containing 5 mg (white tablets) or 10 mg (yellow tablets) of donepezil hydrochloride. The name **ARICEPT** and the strength are embossed on each tablet.

Each 5 and 10 mg, rapidly disintegrating tablet contains 5 and 10 mg of donepezil hydrochloride

respectively, equivalent to 4.56 and 9.12 mg of donepezil free base. Inactive ingredients are mannitol, silica colloidal anhydrous, κ-carrageenan, and polyvinyl alcohol. Additionally, the 10-mg rapidly disintegrating tablet contains iron oxide as a coloring agent.

**ARICEPT RDT** is available in blister strips boxed as 7, 28 and 30 tablets.

## PART II: SCIENTIFIC INFORMATION

### PHARMACEUTICAL INFORMATION

#### Drug Substance

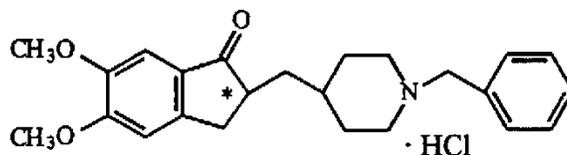
Proper name: donepezil hydrochloride

Chemical name: (±)-2,3-dihydro-5,6-dimethoxy-2-[[1-(phenylmethyl)-4-piperidinyl]methyl] -1*H*-inden-1-one hydrochloride

Molecular formula: C<sub>24</sub>H<sub>29</sub>NO<sub>3</sub>HCl

Molecular weight: 415.96

Structural formula:



Racemic mixture commonly referred to as E2020.

Physicochemical properties: Donepezil hydrochloride is a white crystalline powder.

Solubility: Freely soluble in chloroform, soluble in water and in glacial acetic acid, slightly soluble in ethanol and in acetonitrile, and practically insoluble in ethyl acetate and in n-hexane.

## CLINICAL TRIALS

**ARICEPT**(donepezil hydrochloride) has been studied in three Phase 3 trials in patients with mild to moderate Alzheimer's disease, one Phase 3b trial in patients with moderate to severe Alzheimer's disease, three Phase 3 trials in patients with severe Alzheimer's disease, and three Phase 3 trials in patients with mild to moderate vascular dementia.

### **Mild to Moderate Alzheimer's Disease:**

#### 24-Week Trials in Patients with Mild to Moderate Alzheimer's Disease

Two 24-week studies were conducted in patients with mild to moderate Alzheimer's disease (diagnosed by DSM III-R and NINCDS criteria, Mini-Mental State Examination (MMSE)  $\geq 10$  and  $\leq 26$  as well as a Clinical Dementia Rating of 1 or 2) and provided efficacy and safety data for **ARICEPT** in this patient population. In these studies, the mean age of patients was 73 years with a range of 50 to 94 years. Approximately 60% of the patients were women and 40% were men. The racial distribution was as follows: white: 97%, black: 2% and other races: 1%.

The primary efficacy of treatment with **ARICEPT** was evaluated using a dual outcome assessment strategy. The ability of donepezil to improve cognitive performance was assessed with the cognitive sub-scale of the Alzheimer's disease Assessment Scale (ADAS-cog), a widely used and well validated multi-item instrument which samples cognitive domains affected by the disease. The ability of **ARICEPT** to produce an overall clinical effect was assessed using the semi-structured CIBIC-Plus (Clinician's Interview Based Impression of Change that required the use of caregiver information). The CIBIC-Plus evaluates 4 major areas of functioning: general, cognition, behavior and activities of daily living. Among the secondary measures of efficacy, the Clinical Dementia Rating Scale - Sum of the Boxes (CDR-SB) or the Interview for Deterioration in Daily Functioning in Dementia (IDDD) were used. The CDR-SB sums the ratings in each of 6 domains ("boxes") of the CDR to provide a clinical measure of global functioning in patients. Information to rate each domain is obtained by semi-structured clinical interviews with both the patients and a caregiver. The IDDD questionnaire evaluates activities of daily living: self-care (eg, dressing) and complex tasks (eg, finding things).

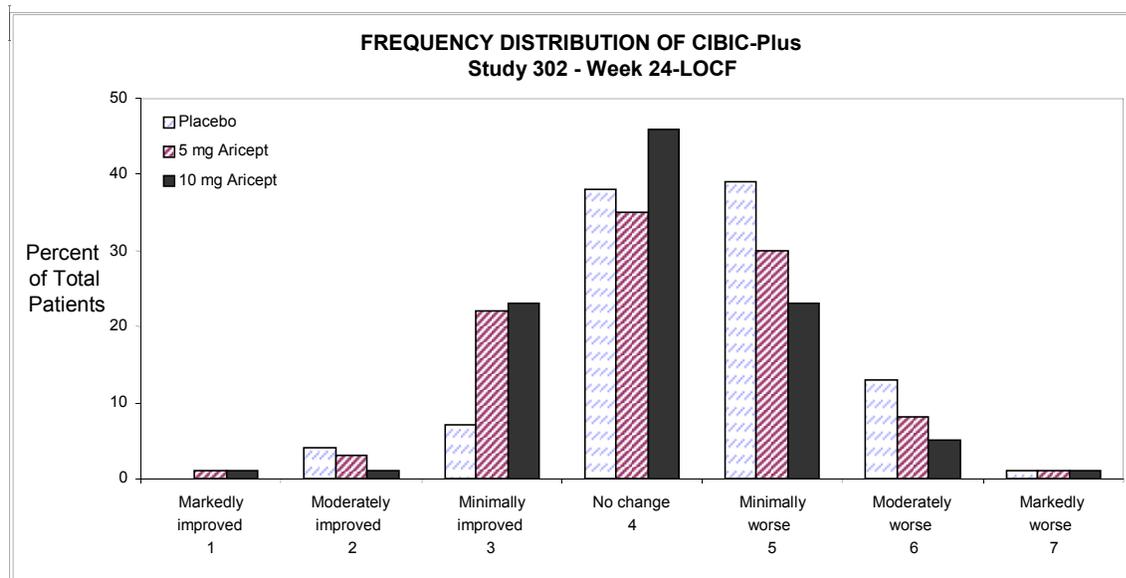
The data below summarizes results from two 24-week trials and presents the 2 primary, and the secondary, outcome measures from the Intent-to-Treat population [ITT analysis, ie, all patients who were randomized to treatment, regardless of whether or not they were able to complete the study. For patients unable to complete the study, their last observation while on treatment was carried forward and used at endpoint (Week 24-LOCF)].

In each of the controlled clinical trials, in order to reduce the likelihood of cholinergic effects, the 10 mg/day treatment group received 5 mg/day for the first week prior to receiving their first 10-mg daily dose.

## Study 302: A 24-Week Study

In this Phase 3 study, 473 patients were randomized to receive single daily doses of placebo, 5 mg/day or 10 mg/day of **ARICEPT** for 24 weeks of double-blind active treatment followed by a 6-week single-blind placebo washout period. Patients treated with **ARICEPT** showed significant improvement in ADAS-cog score from baseline, and when compared with placebo. The mean differences in the ADAS-cog change scores for **ARICEPT** -treated patients compared to the patients on placebo at Week 24–LOCF were (mean  $\pm$  standard error)  $-2.50 \pm 0.63$  ( $p < 0.0001$ ) and  $-2.87 \pm 0.63$  ( $p < 0.0001$ ) units for the 5 mg/day and 10 mg/day treatments, respectively. Over the 24-week treatment period, 80% (5 mg) and 81% (10 mg) of **ARICEPT** -treated patients versus 58% placebo-treated patients showed an improvement or no evidence of deterioration (scores  $\geq 0$ ). A score  $\geq 4$  points in ADAS-cog was observed in 38% (5 mg) and 54% (10 mg) of donepezil-treated patients versus 27% for placebo. A  $\geq 7$  points improvement was observed in 15% (5 mg) and 25% (10 mg) of donepezil-treated patients versus 8% for placebo. The mean drug-placebo differences at Week 24-LOCF in CIBIC-Plus scores were  $0.37 \pm 0.12$  ( $p < 0.0047$ ) and  $0.47 \pm 0.11$  ( $p < 0.0001$ ) units for 5 and 10 mg/day of **ARICEPT**, respectively. Figure 1 represents the frequency distribution of CIBIC-Plus scores achieved at Week 24-LOCF by patients assigned to each of the 3 treatment groups.

**Figure 1. Frequency Distribution of CIBIC-Plus Scores at Week 24-LOCF by Patients Assigned to Each Treatment Group**

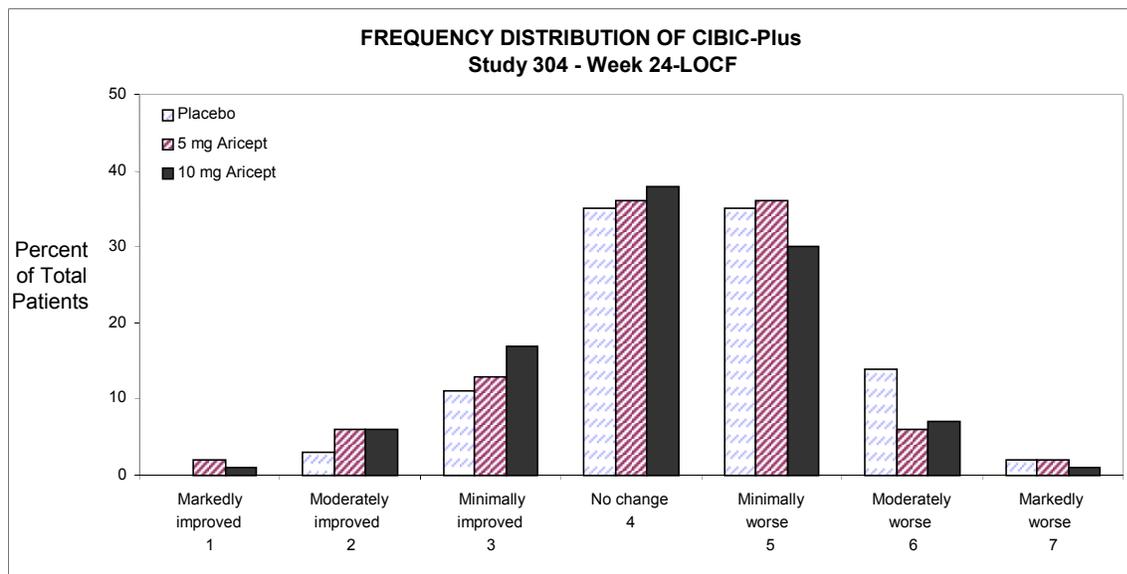


For the CDR-SB, a secondary efficacy measure, significant drug-placebo differences were observed at Week 24-LOCF for both treatment groups [mean change from placebo: 5 mg =  $0.59 \pm 0.17$  ( $p = 0.0008$ ); 10 mg =  $0.59 \pm 0.17$  ( $p = 0.0007$ )].

## Study 304: A 24-Week Study

In this Phase 3 multinational study, 818 patients were randomly assigned to treatment with placebo, 5 or 10mg/day of **ARICEPT** for 24 weeks followed by a 6-week, single-blind placebo washout. ADAS-Cog mean change scores for the **ARICEPT** - treated patients compared to the patients on placebo at Week 24-LOCF were (mean  $\pm$  standard error)  $-1.55 \pm 0.48$  ( $p = 0.0021$ ) and  $-3.01 \pm 0.49$  ( $p < 0.0001$ ) units for the 5 mg/day and 10 mg/day treatments, respectively. On the CIBIC-Plus, statistically significant mean changes scores were observed in both the **ARICEPT** 5 mg ( $0.27 \pm 0.09$ ;  $p = 0.0072$ ) and 10 mg/day ( $0.39 \pm 0.10$ ;  $p = 0.0002$ ) at Week 24-LOCF groups in comparison to the placebo-treated group. Figure 2 presents the frequency distribution of CIBIC-Plus scores achieved at Week 24-LOCF by patients assigned to each of the 3 treatment groups.

**Figure 2. Frequency Distribution of CIBIC-Plus Scores Achieved at Week 24-LOCF by Patients Assigned to Each of the 3 Treatment Groups**



With respect to secondary efficacy measures, statistically significant differences over placebo were noted at Week 24-LOCF for both treatment groups in CDR-SB scores [mean change from placebo: 5 mg =  $0.32 \pm 0.14$  ( $p < 0.0033$ ); 10 mg =  $0.42 \pm 0.14$  ( $p < 0.0344$ )] and for the 10 mg **ARICEPT** group over placebo in the IDDD-complex task measure (mean change from placebo:  $2.15 \pm 0.89$  ( $p = 0.0072$ )).

Following 6 weeks of placebo washout, scores on the ADAS-cog and CIBIC-Plus for both the **ARICEPT**-treatment groups were indistinguishable from those patients who had received only placebo for 30 weeks. This suggests that the beneficial effects of **ARICEPT** abate over 6 weeks following discontinuation of treatment and therefore represents symptomatic benefits of treatments. There was no evidence of a rebound effect 6 weeks after abrupt discontinuation of therapy. This is in line with the pharmacokinetics of **ARICEPT** (ie,  $\sim 70$  hour half-life) which preclude an abrupt reduction in drug plasma levels.

Overall, data from these controlled clinical trials showed that the beneficial symptomatic effects of **ARICEPT** versus placebo were more consistently apparent after 12 weeks of continuous treatment. Once treatment is discontinued, the effects of **ARICEPT** were shown to abate within 6 weeks of treatment discontinuation.

### **54-Week Trial in Patients with Mild to Moderate Alzheimer’s Disease**

#### **Time to Clinically-Evident Loss of Function**

A double-blind, placebo-controlled, multicenter 1-year study was conducted in 432 patients with mild to moderate Alzheimer’s disease. The study assessed time to clinically-evident loss of function.

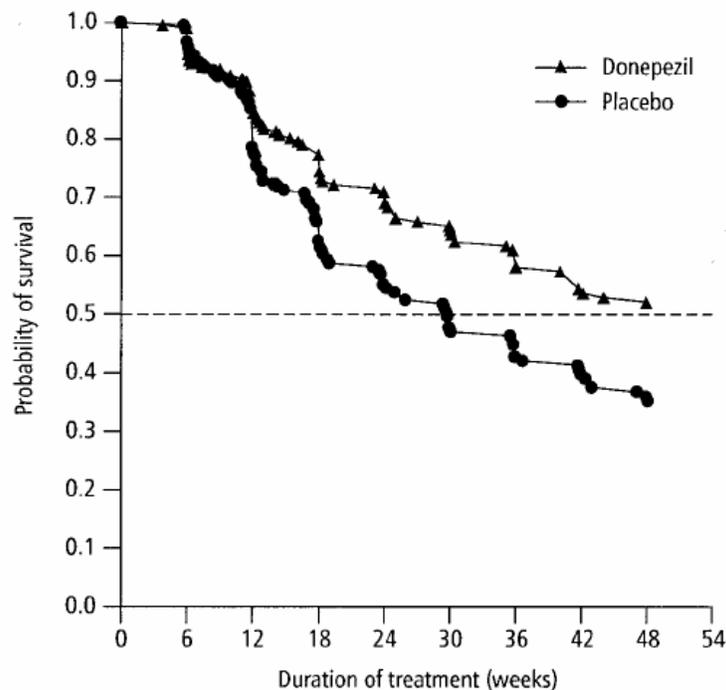
Patients were randomized to receive single daily doses of either **ARICEPT** (n = 214) or placebo (n = 217) for 54 weeks; treatment was initiated at 5 mg/day for 4 weeks, then maintained at 10 mg/day. The mean age of patients was 75 years with a range of 49 to 94 years. 74% of patients were >70 years. Approximately 95% of patients in both treatment groups took at least 1 concomitant medication during the study.

Functional capacities were evaluated using 2 scales: the Alzheimer’s Disease Functional Assessment and Change Scale (ADFACS) scale and the Clinical Dementia Rating (CDR). The ADFACS scale assesses basic activities of daily living (ADL), such as dressing, as well as instrumental ADLs (IADL), such as using the telephone. The CDR assesses cognition and ADLs. Patients were assessed at nine 6-week intervals, and were attrited from the study when any of the following 3 criteria were met: 1) decline in ability to perform 1 or more of the ADLs present at baseline; 2) decline in ability to perform 20% or more of IADLs present at baseline; 3) decline in CDR score. The primary outcome was the median time to “clinically-evident loss of function” for each arm (Kaplan-Meier Survival Function). The criteria provided a minimum threshold for consideration of withdrawal, with attrition ultimately left to clinical judgement.

The proportion of patients attrited was significantly greater for the placebo arm (56%) in comparison to the **ARICEPT** arm (41%). The median time to loss of clinically-evident function in this 1-year study was significantly longer in the **ARICEPT**-treated patients (357 days) than in the placebo-treated patients (208 days).

Figure 3 below displays the survival curves for time to clinically-evident loss of function for both treatment groups. The vertical axis represents the probability of survival to functional decline (in other words, the proportion of individuals remaining in the study at various times following treatment initiation), and the horizontal axis indicates duration of treatment. The 2 survival curves were demonstrated to be significantly different by Wilcoxon and log rank tests, such that the overall risk of clinically-evident functional decline for patients treated with **ARICEPT** was approximately 62% of that of patients who received placebo (hazard ratio 0.62).

**Figure 3. Survival Curves of Time to Clinically-Evident Loss of Function for Both Treatment Groups**



**Study 324: A 24-Week Phase 3b Study in Patients with Moderate to Severe Alzheimer’s Disease**

This 24-week, randomized, double-blind, placebo-controlled, multicentre study was conducted in 290 patients with moderate to severe Alzheimer's disease (MMSE  $\geq 5$  and  $\leq 17$ ; and a Functional Assessment Staging (FAST) score  $\leq 6$ ) who resided at home or in an intermediate care-assisted living setting. For 70 % of the patients in this study, MMSE scores ranged from  $\geq 10$  to  $\leq 17$  and for 62% of patients FAST scores ranged from 4 to 5. According to standard definitions, the MMSE scores for moderate Alzheimer’s disease are  $\geq 10$  to  $\leq 19$  and the MMSE score for severe Alzheimer’s disease is  $\leq 9$ . FAST scores for normal aging to moderate Alzheimer’s disease are  $< 6$  and FAST scores for moderately severe to severe Alzheimer’s disease are  $\geq 6$ .

Patients were randomized 1:1 to receive either a single daily dose of placebo or **ARICEPT** for 24 weeks. Patients received 5 mg/day for the first 4 weeks, after which the dose could be increased to 10 mg/day, according to clinical judgement.

The CIBIC-Plus score at the 24-week endpoint was the primary efficacy measure in this study, providing a clinical global assessment of change. For the total patient population, ranging from moderate to severe, statistically significant mean change scores were observed in the **ARICEPT**-treated patients in comparison to the placebo-treated patients ( $0.538 \pm 0.117$ ;  $p < 0.00001$ ).

## Severe Alzheimer's Disease

Three randomized, placebo-controlled 24-week/6 month studies were conducted in 893 patients with severe Alzheimer's disease. In all 3 studies (Study 1017, Study 231, and Study 315) patients were diagnosed with severe Alzheimer's disease according to NINCDS-ADRDA and DSM-IV criteria, MMSE range of 1-10 (Study 1017) or 1-12 (Study 315 and Study 231) and Functional Assessment Staging (FAST) score of 5-7c (Study 1017) or  $\geq 6$  (Study 231 and Study 315).

### Study Outcome Measures:

The primary efficacy of treatment with **ARICEPT** was determined using a dual outcome assessment strategy (co-primary efficacy endpoints) that evaluated cognitive function in each of the three trials, and either clinician's global assessment of change (Studies 315 and 231) or activities of daily living through caregiver-related evaluation (Study 1017). A statistically significant treatment difference showing superiority of **ARICEPT** over placebo ( $p=0.05$ ) was required for each of the co-primary endpoints for the study outcome to be positive. Based on this criterion, Study 1017 and Study 231 were positive and Study 315 was negative.

The ability of **ARICEPT** to improve cognitive performance was assessed with the Severe Impairment Battery (SIB). The SIB is a validated and reliable, multi-item instrument that is sensitive to changes in cognitive function in patients with moderate to severe dementia. The SIB evaluates selective aspects of cognitive performance, including elements of memory, language, orientation, attention, praxis, visuospatial ability, construction, and social interaction. The SIB scoring range is from 0 to 100, with lower scores indicating greater cognitive impairment.

Clinician's global assessment of change with **ARICEPT** treatment was evaluated using the Clinician's Interview Based Impression of Change with caregiver input (CIBIC-Plus) in Study 315 and Study 231. The CIBIC-Plus evaluates 4 major areas of functioning: general, cognition, behavior and activities of daily living.

Activities of daily living were assessed using the Modified Alzheimer's Disease Cooperative Study Activities of Daily Living Inventory for Severe Alzheimer's Disease (ADCS-ADL-severe). Each ADL item is rated from the highest level of independent performance to complete loss. The ADCS-ADL-severe is a subset of 19 items, including ratings of the patient's ability to perform basic functions (eat, dress, bathe), complex activities (use the telephone, get around (or travel)), and other activities of daily living; it has been validated for the assessment of patients with moderate to severe dementia. The ADCS-ADL-severe has a scoring range of 0 to 54 with the lower scores indicating greater functional impairment.

### Study 1017: A 24-Week Study in Patients with Severe Alzheimer's Disease

This 6 month, randomized, double-blind, placebo-controlled study was conducted in 248 patients with severe Alzheimer's a skilled nursing home.

Patients were randomized to receive either a single daily dose of **ARICEPT** or placebo for 24 weeks. For patients randomized to **ARICEPT**, treatment was initiated at 5 mg/day for 4 weeks, after which the dose was increased to 10 mg/day, based on clinical judgement. The mean age of

patients was 84.9 years with a range of 59 to 99. Approximately 77.1% of patients were women and 22.9% were men. The racial distribution was Caucasian: 99.5% and unspecified races: 0.5%.

Co-primary endpoints for this study were the change from baseline to the Month 6 endpoint for the SIB and the ADCS-ADL-severe. Results are presented for the ITT-LOCF analysis.

At the end of the 6 month treatment period, 90.5% of the **ARICEPT**-treated patients were receiving the 10 mg dose.

Figure 4 shows the time course for the change from baseline in SIB score for the two treatment groups achieved across 6 months. At 6 months LOCF, the mean difference in the SIB change scores for **ARICEPT**-treated patients compared to placebo-treated patients was 5.7 units. **ARICEPT** treatment was statistically superior to placebo ( $p=0.008$ ).

**Figure 4. Time Course of the Change from Baseline in SIB Score Across 24 Weeks**

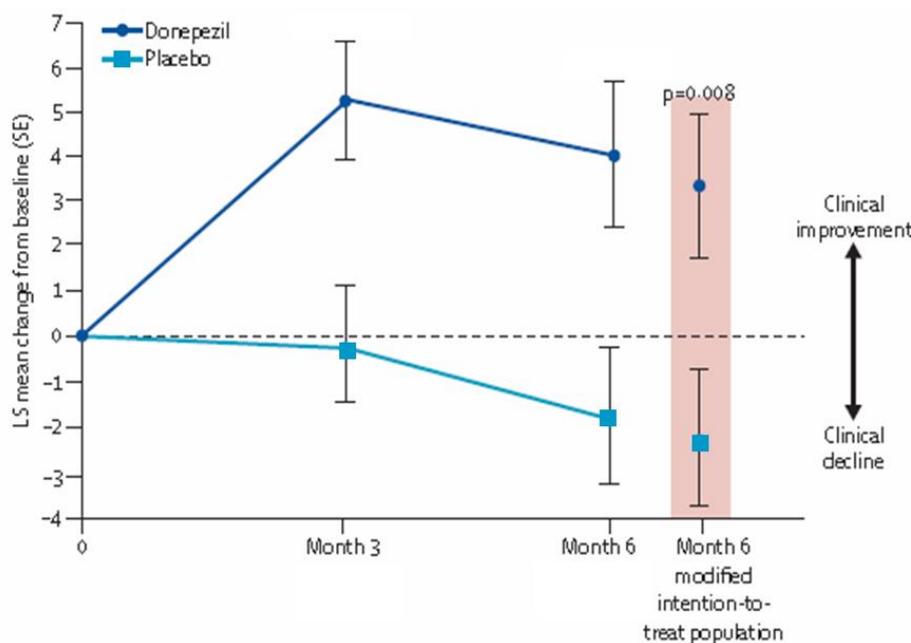
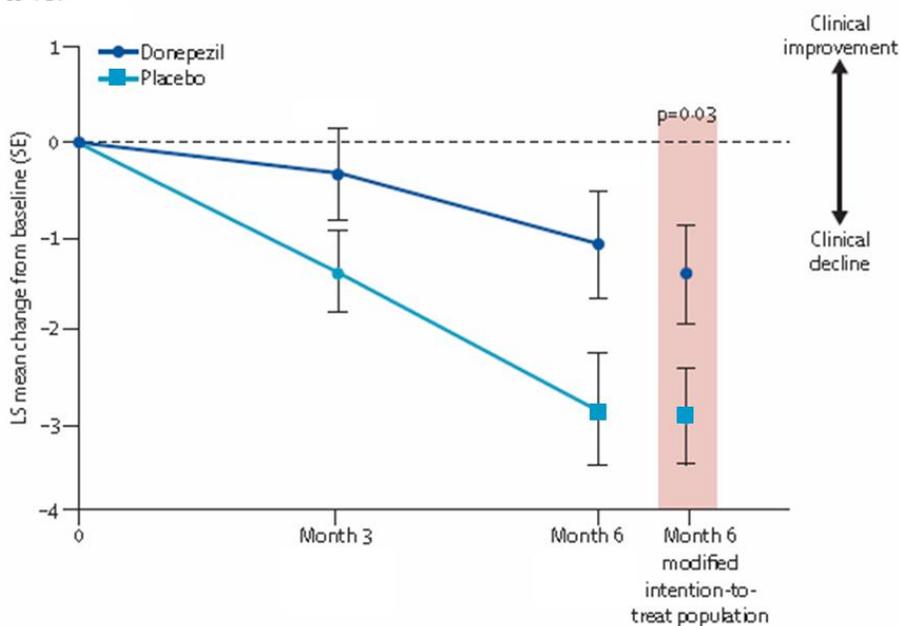


Figure 5 illustrates the time course for the change from baseline in ADCS-ADL-severe scores for patients in the two treatment groups over the 6 months of the study. Although both treatment groups showed a decline in activities of daily living at Week-24 LOCF, the mean difference in the ADCS-ADL-severe change scores for **ARICEPT**-treated patients compared to patients on placebo was 1.7 units. **ARICEPT** treatment was statistically superior to placebo ( $p=0.029$ ).

**Figure 5. Time Course of the Change from Baseline in ADCS-ADL-severe Score Across 24 Weeks**



Study 231: A 24-Week Study in Patients with Severe Alzheimer’s Disease

This 24-week, randomized, double-blind, placebo-controlled study was conducted in 302 patients with severe Alzheimer’s disease and required patients to be hospital outpatients or patients attending hospitals via a nursing home. Patients were randomized to receive placebo, **ARICEPT** low dose or **ARICEPT** high dose. For the low dose, 3 mg/day were administered for the first 2 weeks, thereafter this was increased to 5 mg/day. For the high dose group, 3 mg/day were administered for the first 2 weeks, then 5 mg/day were administered for 4 weeks and from week 6 onwards, the dose was 10 mg/day. The mean age of patients was 78.2 years with a range of 53-98. The racial distribution was Asian: 100%.

Co-primary endpoints for this study were the change from baseline to the Week 24 endpoint on the SIB and the CIBIC-Plus assessment at the Week 24 endpoint. Results are presented for the ITT-LOCF analysis.

The mean difference in SIB change scores at week-24 LOCF for **ARICEPT**-treated patients compared to patients on placebo was 6.7 units in the **ARICEPT** 5 mg group and 8.9 units in the **ARICEPT** 10 mg group. **ARICEPT** treatment was statistically superior to placebo ( $p < 0.001$ ).

On the CIBIC-Plus, the percentage of patients showing improvement or no change was greater for **ARICEPT**-treated patients than for patients treated on placebo, while the percentage of patients that worsened was greater for the patients treated on placebo. The difference in the distribution of the scores was statistically significant for the 10 mg group ( $p = 0.003$ ) but not for the 5 mg group ( $p = 0.15$ ).

### Study 315: A 24-Week Study in Patients with Severe Alzheimer's Disease

This 24-week randomized, double-blind, placebo-controlled study was conducted in 343 patients with severe Alzheimer's disease who resided in the community or in an assisted care facility. For patients randomized to **ARICEPT**, treatment was initiated at 5 mg/day for 6 weeks, after which the dose was increased to 10 mg/day, based on clinical judgement. The mean age of patients was 78.0 years with a range of 58-97. The racial distribution was Caucasian: 76.9%, black: 11.7%, Hispanic: 9.9%, and other races: 1.5%.

Co-primary endpoints for this study were the change from baseline to the Week 24 endpoint on the SIB and the CIBIC-Plus assessment at the Week 24 endpoint. Results are presented for the ITT-LOCF analysis.

At the end of the 24-week treatment period, 86% of the **ARICEPT**-treated patients were receiving the 10 mg dose.

The mean difference in SIB change scores at week-24 LOCF (5.3 units) indicated that **ARICEPT** treatment was statistically superior to placebo (p=0.0001).

On the CIBIC-Plus, the difference in the distribution of scores favored **ARICEPT** (i.e., a greater percentage of patients treated with **ARICEPT** had improvement or no change and a greater percentage of patients treated with placebo worsened), but the difference was not statistically significant

### **Comparative Bioavailability Studies**

**ARICEPT** tablets, 5 and 10 mg, were compared to **ARICEPT RDT**, 5 and 10 mg, in an open-label, randomized, 2-period, 2-sequence partial crossover, single dose pharmacokinetic study in fasted healthy adult volunteers (22 males; 24 females). Subjects took a single oral dose of donepezil hydrochloride on 2 occasions, once as a tablet, and once as a rapidly disintegrating tablet. The dose of donepezil in each tablet was 5 mg for subjects in Group 1 and 10 mg for subjects in Group 2. There was a washout period of 3 weeks between doses. The order in which each subject received the 2 formulations was determined by a randomization schedule.

The pharmacokinetic study shows that the **ARICEPT** tablets and **ARICEPT RDT** are bioequivalent. **ARICEPT RDT** can be used as an alternative to **ARICEPT** tablets. Summary of pharmacokinetic data for 5 and 10 mg are presented in Tables 6 and 7, respectively.

**Table 6. Comparative Pharmacokinetics of ARICEPT RDT and ARICEPT Tablets (5 mg)**

<b>DONEPEZIL (1 x 5 mg) From measured data Geometric Mean Arithmetic Mean (CV%)</b>				
<b>Parameter</b>	<b>Aricept RDT</b>	<b>Aricept<sup>†</sup></b>	<b>Ratio of Geometric Means</b>	<b>90 % Confidence Interval</b>
<b>AUC<sub>0-72</sub> (ng.hr/mL)</b>	228.14 232.41 (20.04)	221.90 225.36 (17.90)	103.3	101.0-105.7
<b>AUC<sub>1</sub> (ng.hr/mL)</b>	432.6 453.2 (31.18)	415 433.7 (31.52)	105.0	101.4-108.8
<b>C<sub>max</sub> (ng/mL)</b>	8.08 8.20 (16.83)	8.34 8.58 (24.36)	97.5	91.5-103.9
<b>T<sub>max</sub><sup>§</sup> (hr)</b>	3 (2-8)	2 (1-8)		
<b>T<sub>1/2</sub><sup>  </sup></b>	74.78 (26.71)	73.98 (26.78)		
<sup>†</sup> Aricept tablets are manufactured in France by Pfizer Inc. <sup>§</sup> Expressed as median (range) only <sup>  </sup> Expressed as arithmetic mean (%CV) only				

**Table 7. Comparative Pharmacokinetics of ARICEPT RDT and ARICEPT Tablets (10 mg)**

<b>DONEPEZIL (1 X 10mg) From measured data Geometric Mean Arithmetic Mean (CV%)</b>				
<b>Parameter</b>	<b>Aricept RDT</b>	<b>Aricept<sup>†</sup></b>	<b>Ratio of Geometric Means</b>	<b>90 % Confidence Interval</b>
<b>AUC<sub>0-72</sub> (ng.hr/mL)</b>	499.75 507.62 (18.28)	490.46 502.29 (22.29)	101.9	98.2-105.7
<b>AUC<sub>1</sub> (ng.hr/mL)</b>	863.4 892.4 (27.35)	835.4 865.4 (27.84)	103.3	99.3-107.5
<b>C<sub>max</sub> (ng/mL)</b>	21.81 22.55 (20.40)	22.58 23.25 (25.20)	96.6	91.6-101.9
<b>T<sub>max</sub><sup>§</sup> (hr)</b>	2 (2-4)	2 (1-4)		
<b>T<sub>1/2</sub><sup>  </sup></b>	68.71 (22.11)	68.02 (20.88)		
<sup>†</sup> Aricept tablets are manufactured in France by Pfizer Inc. <sup>§</sup> Expressed as median (range) only <sup>  </sup> Expressed as arithmetic mean (%CV) only				

## DETAILED PHARMACOLOGY

### PRECLINICAL STUDIES

#### Animal

Preclinical pharmacology studies indicate that donepezil hydrochloride is a reversible inhibitor of AChE in vitro exhibiting dose-dependent selectivity for AChE versus BuChE, and that it increases in vivo brain concentrations of ACh. In addition, donepezil hydrochloride was shown to improve the performance, in some learning and memory based tasks, of rodents with pharmacologically- or lesion-induced deficits in brain cholinergic function.

### TOXICOLOGY

#### Acute Toxicity Mice and Rats:

Acute Oral and IV Bolus Injection Studies in Mice and Rats**			
Route	Species	Sex	LD <sub>50</sub> (mg/kg)
Oral	Mice	M	45.2 *
Oral	Mice	F	48.1 *
Oral	Rats	M	36.9 +
Oral	Rats	F	32.6 +
IV Bolus	Mice	M	3.7 *
IV Bolus	Mice	F	4.8 *
IV Bolus	Rats	M	8.0 +
IV Bolus	Rats	F	7.6 +

**Comments:** Following oral and IV dosing, deaths were recorded at 29.6 mg/kg and higher and 3.5 mg/kg and higher, respectively, in mice, and 28.9 mg/kg and higher and 7.7 mg/kg and higher, respectively, in rats. In mice, all deaths occurred within 30 minutes of oral or IV dosing. The majority of deaths in rats occurred within the first 2 hours after oral administration, although a few were delayed for up to 3 days. The majority of deaths in rats after IV dosing occurred within 30 minutes, although a few were delayed for up to 2 hours. Toxic signs preceding deaths exhibited by both species were: reduced spontaneous movement, prone position, staggering gait, lacrimation (sometimes red in the rat), clonic convulsions, depressed respiration, and salivation. Toxic signs observed only in rats were: tremors, miosis, and lowered body surface temperature. These signs were also present in the surviving animals at higher doses, and with the exception of clonic convulsions in the rats, were also observed at a lower frequency and intensity in some animals from the lower dose groups. In the surviving mice, all visible toxic signs resolved within 24 hours after dose administration. In the surviving rats, these signs disappeared within 5 days following oral administration and generally disappeared within the first day after IV dosing,

although in occasional survivors from the high-dose groups signs persisted for up to 3 days.

A significant brief reduction in body weight was noted in the mice during the first few days after dosing of 44.4 mg/kg and 4.6 mg/kg in the oral and IV groups, respectively. In rats, body weight was reduced in all oral administration groups, and in some groups given IV doses of 5.9 mg/kg and higher. Changes in food consumption tended to parallel changes in body weight in mice and rats.

At necropsy, petechial hemorrhages were observed in the lungs of all animals that died in both the oral and intravenous studies. These are consistent with hypoxia due to respiratory paralysis. Petechial hemorrhages were also observed in the glandular mucosa of the stomach in 1 mouse that died after administration of a 150-mg/kg oral dose and in orally-treated rats. Aside from the petechiae in the stomach, all the abnormalities observed are consistent with the known effects of ChE inhibitors. In animals that survived the observation period, no pathological changes were observed at necropsy.

## Subacute Toxicity Mice:

SPECIES	ROUTE	DOSE mg/kg/day	ANIMAL PER DOSE LEVEL	DURATION	FINDINGS
<b>2-Week Dietary Administration Study in Mice</b>					
Crj:CD-1	Oral Diet	0 90 180 360	10/sex	2 weeks	<p>Administration of E2020 at doses of 90 and 180 mg/kg did not affect survival. All animals administered 360 mg/kg died before scheduled sacrifice: 2 males and 3 females in the first week, and all remaining animals in that dose group during the second week. Fasciculation was the only clinical sign noted before death.</p> <p>E2020 administration caused a dose-related and statistically significant depression of body weight at all doses tested. On Day 13, mean body weights in the 90 and 180 mg/kg groups, respectively, were 8% and 31% lower than controls in the males, and 4% and 22% lower than controls in the females. During Week 2, group mean food consumption in the males receiving 90 or 180 mg/kg was 6% and 37% lower than controls, respectively, and was 7% and 39% lower than controls in the females, respectively. Therefore, the depression of body weight was influenced by the decreased food consumption (which may have been due to poor palatability), and was not solely due to E2020 toxicity.</p> <p>At necropsy, no abnormalities related to E2020 administration were noted. No NOEL. LOEL = 90 mg/kg/day.</p>
<b>13-Week Dietary Administration Toxicokinetic Study in Mice</b>					
CrI:CD-1 (ICR) BR	Oral Diet	0 15 30 60 90	Main study 10/sex Satellite study 8/sex (controls)  36/sex	13 weeks	<p>E2020 did not affect survival. All abnormalities noted during daily cageside and weekly in-life physical examinations, and grossly at necropsy were incidental findings unrelated to E2020 administration. In males treated with 60 or 90 mg/kg there were statistically significant and dose-dependent increases in absolute and relative weights of the adrenals (organ-to-body and organ-to-brain). However, there was no microscopically detectable cause for the increase in adrenal weights. Statistical analysis of mean absolute body weights revealed significant decreases compared to controls in males treated with 30 mg/kg at Weeks 4 and 5; in males treated with 60 mg/kg at Weeks 2, 4 and 5; in males treated with 90 mg/kg at Weeks 2 through 4; and in females treated with 90 mg/kg at Weeks 2 and 4. However, the mean body weights at Weeks 6 through 13 were not statistically different from controls in any of the E2020-treated groups. NOEL &gt; 30 mg/kg/day MTD &gt; 90 mg/kg/day.</p>

## Subacute Toxicity Rats:

SPECIES	ROUTE	DOSE mg/kg/day	ANIMAL PER DOSE LEVEL	DURATION	FINDINGS
<b>13-Week Study in Rats</b>					
Sprague-Dawley Rats	Oral Gavage	0	20/sex	13 weeks	<p>At the end of the 13-week period, 8 of 20 animals per sex from the control, 10 and 20 mg/kg groups were observed without treatment for an additional 5 weeks, and served as recovery groups. Deaths were recorded in 1 male and 3 females from the 20 mg/kg group and in 4 females from the 10 mg/kg group from Day 29 to Day 89. The deaths occurred immediately after dosing except for 1 animal which died 20 minutes postdose.</p> <p>Peripheral signs of cholinergic stimulation were recorded in animals receiving 3 mg/kg and higher. At 3 mg/kg, fasciculation was recorded in 3 rats on separate occasions during the first 8 days, and miosis was noted in 2 animals; these signs resolved within 24 hours of each dose administration. After the eighth day, peripheral signs were no longer present in this group, indicating adaptation to the effects of the drug.</p> <p>Fasciculation, hypoactivity, miosis, salivation and lacrimation were observed in the 10 or 20 mg/kg groups. Except for salivation in the 20 mg/kg group, all of these signs disappeared within 24 hours. In the 10 mg/kg group, miosis and fasciculation became less frequent with continued administration; salivation was more evident in the latter half of the treatment period. Hypoactivity was noted sporadically. No peripheral symptoms were present during the recovery period. Dose-related suppression of body weight gain was recorded in animals receiving 10 or 20 mg/kg. During recovery, body weight gains were greater in the treated animals compared to controls.</p> <p>Sodium excretion in the urine collected 4 to 23 hours postdose was lower in males of all dose groups, and potassium and chloride excretion also decreased in the males receiving 10 mg/kg. Sodium, potassium and chloride excretion were slightly reduced in females receiving 10 or 20 mg/kg. No effects on urinary electrolytes were found at the end of the recovery period.</p> <p><u>Macroscopic postmortem examinations:</u> Moderate mucosal edema of the forestomach in males receiving 10 or 20 mg/kg. An increase in submaxillary gland weight was detected in both sexes receiving 10 or 20 mg/kg; this increase was not present at the end of the recovery period.</p>
		10 20	12/sex		
		0.3 1 3			

SPECIES	ROUTE	DOSE mg/kg/day	ANIMAL PER DOSE LEVEL	DURATION	FINDINGS
					<p><u>Histopathologic studies:</u> Hypertrophy of the pars intermedia of the pituitary in 7 of 21 animals in the 20 mg/kg group. Acinar cell hypertrophy of the submaxillary gland was recorded in animals receiving 3 mg/kg and higher. A moderate increase in forestomach submucosal edema was found in rats administered 10 or 20 mg/kg. At the end of recovery, no histopathologic changes were found in the pituitary or submaxillary glands; moderate edema of the forestomach was found in 2 rats receiving 10 mg/kg and 1 rat receiving 20 mg/kg.</p> <p>NOEL = 1 mg/kg/day.</p>

**Subacute Toxicity Dogs:**

SPECIES	ROUTE	DOSE mg/kg/day	ANIMAL PER DOSE LEVEL	DURATION	FINDINGS
<b>13 Week Study in Dogs</b>					
Beagle Dogs (8 months)	Oral	0 0.3 1 3 8 (reduced to 6 due to high mortality rate)	3/sex/ group	13 weeks	<p>Five deaths were recorded in the 8 mg/kg group. One dog died 7 hours after the first dose and 4 others (including 1 dog killed in extremis) died 3 to 24 hours after the second dose. All these animals exhibited salivation, fasciculation, tremors and convulsions; these signs were evident within 1 hour of dosing except for the convulsions of 1 dog which developed 6 hours after dosing. Muddy or mucous stools were observed in 3 of the dogs from this group, and miosis in 1.</p> <p>From the animals that did not survive to scheduled sacrifice, blood chemistry was available only for the dog killed in extremis. Results showed increased levels of alkaline phosphatase, leucine aminopeptidase, gamma glutamyl transpeptidase, GPT (ALT), GOT (AST), CK, LDH, total bilirubin, urea nitrogen, and a decreased level of glucose. Most of these abnormalities were consistent with skeletal muscle damage secondary to fasciculation, tremors and convulsions. No significant histopathologic changes were noted in the liver. Slight calcium deposition in the papillae and slight necrosis of the distal tubular epithelium were the only notable histopathologic changes in the kidney.</p> <p>Microscopic examination showed subendocardial hemorrhage and myo-fibrillary degeneration in the left ventricular wall, papillary muscle and septum. These findings were due to acute hypoxia, ischemia from respiratory depression and/or catecholamine release caused by fasciculation, tremors and convulsions. Thus, the clinical signs and laboratory findings were consistent with excessive acetylcholinesterase inhibition as the cause of death.</p> <p>All remaining animals survived the full study period. Peripheral signs of tremors and fasciculation were observed at doses of 3 mg/kg and higher in these animals. The signs appeared shortly after dosing and resolved within 24 hours. Other signs observed included mucous stools, found sporadically in dogs treated with 3 mg/kg, and miosis was observed on 3 occasions during the first 7 days in 1 dog receiving 3 mg/kg. Incidence of these signs was greatly reduced by the third week of administration, suggesting adaptation to the peripheral effects of donepezil hydrochloride. Body weight and food consumption were unaffected.</p>

					<p>Ophthalmological examinations, electrocardiograms, hematological and blood chemical investigations and urinalysis showed no abnormalities attributable to donepezil hydrochloride. Drug metabolizing enzymes were also unaffected.</p> <p>There were no significant macroscopic findings at postmortem examination, and no microscopic abnormalities attributable to donepezil hydrochloride. Unlike the animals that died, no significant histopathologic abnormalities were observed in the hearts of dogs that survived the first two 8 mg/kg doses and were reassigned to receive 3 or 6 mg/kg for the remainder of the study.</p> <p>Aside from a few biochemical abnormalities encountered in the 1 female killed in extremis, all abnormal findings are consistent with expected effects of cholinesterase inhibitor treatment. The oral no-effect dose of donepezil hydrochloride was 1 mg/kg/day in dogs.</p>
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**Long Term Rats:**

SPECIES	ROUTE	DOSE mg/kg/day	ANIMAL PER DOSE LEVEL	DURATION	FINDINGS
<b>12-Month Study in Rats</b>					
Charles River CD7 <sup>®</sup> Rats	Oral Gavage	0 1.0 3.0 10	40/sex	12 months	<p><u>Mortality:</u> Twenty males and 10 females died spontaneously or were killed by accident, or were sacrificed moribund. These deaths did not indicate a compound-related effect since the deaths were evenly distributed among the groups.</p> <p>Miosis was observed in all treated groups. The incidence of salivation was slightly higher in high-dose animals (10 mg/kg) in the first 30 weeks of dosing. Fasciculations were observed in high-dose females, but this effect was no longer apparent at the end of the 12-month dosing period.</p> <p>There was a treatment-related decrease in body weight in the high-dose group. In the 10 mg/kg group, beginning at Week 7 for males and Week 17 for females, mean body weights were lower than controls. The decrease at Week 53 was 11% for males and 15% for females. Based on this observation, the no-toxic-effect dose of donepezil hydrochloride in this study was 3.0 mg/kg/day.</p> <p><u>Urinalysis:</u> Occasional effects on the diurnal pattern of electrolyte excretion were observed. However, 24-hour urinary electrolyte excretion at 6 and 12 months showed no evidence of drug effects.</p> <p><u>Histopathology:</u> Gross postmortem examinations revealed no indication of treatment-related changes. There was a statistically significant increase in salivary gland weights in high-dose rats at Month 6 and 12, however, no changes were noted in salivary glands on histopathologic evaluation. There were differences between treated and controls in absolute organ and body weights and organ/body weight ratios, but these changes were consistent with body weight changes, and are not believed to be effects of cholinesterase inhibition.</p> <p>Based on the significant decrease in body weight in the high-dose group, the no-toxic-effect dose of donepezil hydrochloride administered orally for 12 months was 3.0 mg/kg/day in this study.</p>

**Long Term Dogs:**

SPECIES	ROUTE	DOSE mg/kg/day	ANIMAL PER DOSE LEVEL	DURATION	FINDINGS
<b>12-Month Study in Beagle Dogs</b>					
Beagle Dogs	Oral	0 0.6 2.0 5.0	6/sex/ group	2/sex for 6 months  4/sex for 12 months	<p><u>Mortality:</u> One control female died of non-treatment related causes on Day 11 of the study, all other animals survived until scheduled sacrifice. Treatment-related salivation was seen in all groups. Lacrimation (more common in males), tremors and/or hyperactivity (more common in females) were seen in the mid- and high-dose groups. Hyperactivity was also occasionally observed in the low-dose group.</p> <p>Food consumption in high-dose animals was significantly lower than controls during Week 1. There were no other statistically significant effects on food consumption in any group for the remainder of the study.</p> <p>Water consumption was lower in high-dose dogs than controls at the pretest evaluation and at all evaluation intervals during the study. In high-dose females, the differences in water consumption from controls were comparable during pretest and treatment. In high-dose males, water consumption during treatment was 39% to 46% lower than controls, as opposed to 21% lower during pretest, and the differences were statistically significant at Months 3 and 6, but not at Months 9 or 12. This suggests that 5.0 mg/kg/day doses of donepezil hydrochloride have an effect on water consumption in male dogs.</p> <p><u>Urinalysis:</u> Urine volumes and total urine electrolyte values for mid- and high-dose male dogs and high-dose females were lower than controls at most of the evaluation intervals of the study, suggesting an effect of donepezil hydrochloride on urine volume and electrolytes.</p> <p><u>Histopathology:</u> There were few hematologic and biochemistry parameters in the treatment groups that were statistically significantly different from control values. The differences seen were not consistently altered, were within the limits of normal variation, and were not considered to represent effects of donepezil hydrochloride administration.</p> <p>The no-toxic-effect dose in this study was 5.0 mg/kg/day.</p>

**Mutagenicity:**

STUDY	TEST ORGANISM	DOSE	ROUTE	MAJOR FINDINGS
Ames Test Modified Ames Test:	<i>Salmonella typhimurium</i> strains TA1535, TA1537, TA98 and TA100 <i>E. Coli</i> WP2/uvrA	up to 500 µmg/plate  > 500 µg/plate	in vitro  in vitro	No evidence of mutagenic activity.  Not mutagenic, however suppressed growth of all bacterial strains.
Clastogenic Potential Cytogenetic Assays: in vitro Chromosome Aberration Assay:	Chinese Hamster Lung (CHL) fibroblasts with and without metabolic activation	Non-activation: 3.1 - 50 µg/mL With activation: 11.3 - 270 µg/mL	in vitro  in vitro	No chromosomal aberration produced.  No chromosomal aberration produced up to and including 90 µg/mL. At concentrations of 180 and 270 µg/mL, incidence of chromosomal aberration increased in a dose-related manner in the presence of S-9 mix. In the absence of S-9 mix the incidence of chromosomal aberrations was increased at 180 µg/mL, but cell toxicity precluded evaluation at 270 µg/mL indicating that S-9 protected the cells.
Micronucleus Test:	Mice (Crj: -CD-1 ICR)	2.5 mg/kg 5.0 mg/kg 10 mg/kg single or repeated (4 days) (based on study where 20 or 40 mg/kg caused death)	oral gavage	No evidence of clastogenicity in this in vivo model system. The incidences of cells with micronuclei in both the single and repeated dose groups were not significantly different from those of the vehicle control group.

**Carcinogenicity:**

Full-life carcinogenicity studies of donepezil hydrochloride have been completed in mice and rats. No evidence of a tumorigenic effect was seen when donepezil hydrochloride was given in feed to mice for at least 88 weeks at doses up to 180 mg/kg/day, or to rats for at least 104 weeks at doses up to 30 mg/kg/day.

**Reproduction and Teratology:**

SPECIES	ROUTE	DOSE mg/kg/day	ANIMAL PER DOSE LEVEL	DURATION	FINDINGS
<b>Segment II Teratology and Reproduction Study in Rats</b>					
Rat (S1c:SD SPF)	Oral Gavage	0 1 4 16	36F	4 groups of mated females, 36 dams per group; doses from day 7-17 of gestation which correspond to the period of fetal organogenesis	<p><b>Dams:</b> At 4 and 16 mg/kg/day, 2 hours after dosing miosis, mean weight body weight gain and food consumption were significantly lower than controls. Following the 16-mg dose, fasciculations, lacrimation and salivation. Decreased placental weight; clinical signs ceased from Day 18 onwards; no mortality.</p> <p><b>Fetuses and Pups:</b> At 16 mg/kg/day, live fetuses body weights were significantly lower than controls. No effect on survival or sex ratio of the fetuses. No evidence of teratogenic effect. However, ventricular septal defects were noted in the following number of pups per group: 1 (control group); 0 (1 mg/kg); 1 (4 mg/kg) and 5 (16 mg/kg). One stillborn pup from a dam who received 4 mg/kg donepezil showed several defects, including a ventricular septal defect.</p> <p>Effects on pups after drug exposure during the last third period of gestation or during the beginning of extra-uterine life were not evaluated.</p> <p>No effect dose:                      Maternal toxicity: 1 mg/kg/day                      Reproduction: 4 mg/kg/day dams                      4 mg/kg/day fetuses                      &gt;16 mg/kg/day pups</p>

SPECIES	ROUTE	DOSE mg/kg/day	ANIMAL PER DOSE LEVEL	DURATION	FINDINGS
<b>Segment II Teratology Study in Rabbits</b>					
Japanese SPF white rabbits	Oral Gavage	0 1 3 10	16F	4 groups of 16 females per group; doses from day 6 - 18 of gestation which correspond to the period of fetal organogenesis	<p><b>Dams:</b> One dam in the 10 mg/kg/day group was sacrificed in extremis on Day 16 because of a dislocated lumbar vertebra. At 10 mg/kg/day, suppression of body weight gain followed by a significant increase in body weight gain from days 20-28, after cessation of drug. A significant decrease in food consumption was observed on Days 8 and 10. Treatment with donepezil hydrochloride had no effect on the number of corpora lutea, implantations, deaths or resorptions of fetuses, or on the number of live fetuses. No findings at necropsy attributable to study drug; no mortality.</p> <p><b>Fetuses:</b> Donepezil hydrochloride had no effect on uterine survival, growth or development. No evidence of teratogenicity or embryotoxicity. In the 3 mg/kg/day group, incidence of fetuses in which a variant arteriole arose from the bifurcation site of the left common carotid artery and the brachiocephalic trunk was significantly higher than in the controls. In the 10 mg/kg/day group, the number of ossified sternbrae was significantly higher than controls, but no significant differences were noted between controls and any treated group in the numbers of ossified phalanges, or sacral or caudal vertebrae.</p> <p>No effect dose:  Maternal toxicity: 3 mg/kg/day  Reproduction: 10 mg/kg/day fetuses</p>

## DEPENDENCE LIABILITY

### 7-Week Physical Dependence Study in Male Rats

Dependence liability of donepezil hydrochloride was examined in male rats and was compared to the liability of codeine, phenobarbital and vehicle (water).

Dosing in the E-2020-L group began at 6 mg/kg twice daily (BID) and increased each week by 3 mg/kg until the final dose of 18 mg/kg BID was reached. Donepezil hydrochloride-H animals were started at 10 mg/kg BID, and doses were increased by 4 mg/kg each week to a final dose of 26 mg/kg BID. Codeine was started at 10 mg/kg BID, and was increased by 10 mg/kg each week to a final dose of 50 mg/kg BID. Phenobarbital was started at 15 mg/kg BID and was increased by 15 mg/kg each week to a final dose of 75 mg/kg BID.

Results of the observation periods following dose cessation did not suggest any significant drug dependence liability for donepezil hydrochloride. Donepezil hydrochloride did not substitute for codeine or phenobarbital in rats dependent on those drugs. Under the conditions of this study, donepezil hydrochloride did not produce drug dependence.

There were no significant drug dependence liability as assessed by the primary dependence test, donepezil hydrochloride substitution test and naloxone test.

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**PART III: CONSUMER INFORMATION****ARICEPT®/ARICEPT® RDT  
(donepezil hydrochloride)**

This leaflet is part III of a three-part "Product Monograph" published when ARICEPT was approved for sale in Canada and is designed specifically for Consumers. This leaflet is a summary and will not tell you everything about ARICEPT/ARICEPT RDT. Contact your doctor or pharmacist if you have any questions about the drug.

**ABOUT THIS MEDICATION****What the medication is used for:**

This medicine is called **ARICEPT/ARICEPT RDT** (which contains donepezil hydrochloride).

Donepezil hydrochloride is one of a group of drugs called "cholinesterase inhibitors"

**ARICEPT/ARICEPT RDT** is used for the symptomatic treatment of mild, moderate, and severe Alzheimer's disease.

**ARICEPT/ARICEPT RDT** can only be obtained with a prescription from a doctor.

**What it does:**

In the brains of persons with Alzheimer's disease, there is a decrease in the function of a neurotransmitter system which uses acetylcholine as its chemical messenger. **ARICEPT/ARICEPT RDT** acts by inhibiting an enzyme called acetylcholinesterase, leading to an increase in the level of acetylcholine in the brain, which may help relieve the symptoms of Alzheimer's disease.

In clinical studies, patients treated with **ARICEPT/ARICEPT RDT** showed improvement, remained unchanged, or declined more slowly as compared to patients who received a placebo (sugar tablet). Benefits were seen in memory and other mental functions, as well as in the ability to perform daily activities. **ARICEPT/ARICEPT RDT** may take as long as 12 weeks to begin working, and patient response to this medicine will vary.

**When it should not be used:**

- If you are allergic to this medicine, any of its inactive ingredients (see the section "What the important nonmedicinal ingredients are"), or to

piperidine derivatives such as Mycobutin (rifabutin), Ritalin (methylphenidate), Akineton (biperiden HCl), trihexyphenidyl, bupivacaine, and Paxil (paroxetine HCl).

**What the medicinal ingredient is:**

**ARICEPT/ARICEPT RDT** contain donepezil hydrochloride.

**What the important nonmedicinal ingredients are:**

**ARICEPT tablets:** Lactose monohydrate. Other non-medicinal ingredients include corn starch, microcrystalline cellulose, hydroxypropylcellulose, magnesium stearate, talc, polyethylene glycol, hypromellose, and titanium dioxide. The 10 mg tablets also contain yellow iron oxide.

**ARICEPT RDT:** No known important non-medicinal ingredient. Other non-medicinal ingredients include mannitol, silica colloidal anhydrous, κ-carrageenan, and polyvinyl alcohol. The 10 mg rapidly disintegrating tablets also contain yellow iron oxide.

**What dosage forms it comes in:**

**ARICEPT** is available as tablets and **ARICEPT RDT** is available as rapidly disintegrating tablets. The 5 mg tablets are white and the 10 mg tablets are yellow for both **ARICEPT** and **ARICEPT RDT**.

**WARNINGS AND PRECAUTIONS**

Tell your doctor if you have any muscle pain, tenderness, soreness or weakness, especially if you also have a fever, during treatment with **ARICEPT/ARICEPT RDT**.

**SERIOUS SIDE EFFECTS, HOW OFTEN THEY HAPPEN AND WHAT TO DO ABOUT THEM**

Symptom / effect		Talk with your doctor or pharmacist		Stop taking drug and seek immediate medical help
		Only if severe	In all cases	
Rare	<b>Rhabdomyolysis:</b> combination of muscle pain, tenderness, or weakness, or joint pain accompanied by a fever or very dark urine that you cannot explain		X	
Very Rare	<b>Neuroleptic Malignant Syndrome:</b> A state of high fever, muscle stiffness, irregular blood pressure, pulse and or heartbeats, altered consciousness			X

**BEFORE you use ARICEPT/ARICEPT RDT talk to your doctor or pharmacist if:**

- You are taking other medicines, including prescription drugs or products that you can buy without a prescription, such as herbal (natural) products.
- You have a condition affecting your heart, kidney, liver or your lungs, such as asthma or obstructive pulmonary disease.
- You have had seizures.
- You have had fainting spells.
- You have a history of peptic ulcers or have an increased risk of developing ulcers (for example, if you are taking non-steroidal anti-inflammatory drugs [NSAIDS] or high doses of acetylsalicylic acid [ASA] [Aspirin®]).
- If you are pregnant or breastfeeding.
- An operation with a general anesthetic is needed, inform your doctor about the use **ARICEPT/ARICEPT RDT**.

**PROPER USE OF THIS MEDICATION**

This medication should only be taken after proper diagnosis of your condition has been made by your doctor.

- In order to obtain the best results from **ARICEPT/ARICEPT RDT**, it must be taken every day, exactly as prescribed by your doctor. Never change the dose yourself.
- Take **ARICEPT/ARICEPT RDT** once daily, at the same time every day, in the morning or evening.
- Take **ARICEPT/ARICEPT RDT** with or without food. **ARICEPT tablets** should be swallowed whole with water.

**ARICEPT RDT** should be placed on the tongue and allowed to disintegrate before swallowing with water.

**A Reminder:** This medicine has been prescribed only for you or for the person you are caring for. Never give it to anyone else.

**Overdose:**

If more medication has been taken than what has been prescribed, contact either your doctor, hospital emergency department or the nearest poison control center immediately.

**Missed Dose:**

If you miss taking a dose of **ARICEPT/ARICEPT RDT** do not worry, just take the next dose when it is due. Do NOT take 2 doses at once.

If you have problems remembering to take medications, it may be necessary to have someone help you.

**SIDE EFFECTS AND WHAT TO DO ABOUT THEM**

Along with its beneficial effect, **ARICEPT/ARICEPT RDT** may cause some undesirable reactions. The most common side effects include nausea (feeling sick) and diarrhea. In clinical studies, these effects were often mild, and generally went away with continued treatment. If they persist you should tell your doctor.

Other possible side effects include:

- insomnia (difficulty sleeping)

- vomiting (being sick)
- muscle cramps
- fatigue
- anorexia (loss of appetite)
- fainting

If you feel unwell in any other way or have any symptoms that you do not understand, or find distressing, you should contact your doctor immediately. If you experience severe adverse events, stop taking the drug until you can discuss your symptoms with your doctor.

***This is not a complete list of side effects. For any unexpected effects while taking ARICEPT/ARICEPT RDT, contact your doctor or pharmacist.***

## HOW TO STORE IT

Keep this medicine in a safe place, out of reach of children.

Keep **ARICEPT** tablets and **ARICEPT RDT** in a cool dry place (15 to 30°C) and avoid exposure to moisture.

**ARICEPT RDT** is also sensitive to light and should not be removed from blisters until immediately prior to administration.

## REPORTING SUSPECTED SIDE EFFECTS

You can report any suspected adverse reactions associated with the use of health products to the Canada Vigilance Program by one of the following 3 ways:

- Report online at [www.healthcanada.gc.ca/medeffect](http://www.healthcanada.gc.ca/medeffect)
- Call toll-free at 1-866-234-2345
- Complete a Canada Vigilance Reporting Form and:
  - Fax toll-free to 1-866-678-6789, or
  - Mail to:
 

Canada Vigilance Program  
Health Canada  
Postal Locator 0701E  
Ottawa, Ontario  
K1A 0K9

Postage paid labels, Canada Vigilance Reporting Form and the adverse reaction reporting guidelines are available on the MedEffect™ Canada Web site at [www.healthcanada.gc.ca/medeffect](http://www.healthcanada.gc.ca/medeffect).

***NOTE: Should you require information related to the management of side effects, contact your health professional. The Canada Vigilance Program does not provide medical advice.***

## MORE INFORMATION

This document plus the full product monograph, prepared for health professionals can be found at: <http://www.pfizer.ca> or by contacting the sponsor, Pfizer Canada Inc.

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