

## **INFORMATION FOR THE PATIENT**

The healthcare professional should communicate the following information to the patient.

This product is not intended for oral ingestion. It is intended for buccal or sublingual use only. If possible, patients should sit down when taking NITROSTAT (nitroglycerin tablets). This eliminates the possibility of falling due to lightheadedness or dizziness. There is a possibility of a headache (possibly severe) shortly after taking this medication. (See PRECAUTIONS.)

Nitroglycerin may cause dizziness, vertigo and syncope. Patients with marked sensitivity to the vasodilatory effects of nitroglycerin should avoid potentially hazardous task such as driving or operating machinery unless it is known that this medication does not affect their ability to engage in these activities.

Patients using NITROSTAT (nitroglycerin) must not take phosphodiesterase type 5 (PDE5) inhibitors such as sildenafil citrate (VIAGRA). Such a combination can produce severe lowering of blood pressure, loss of consciousness, heart attack or death.

Nitroglycerin may produce a burning or tingling sensation when administered sublingually; however the ability to produce a burning or tingling sensation should not be considered a reliable method for determining the potency of the tablets.

Nitroglycerin should be kept in the original glass container, tightly capped, at controlled room temperature between 15-30° C. The cotton should be discarded once the bottle is opened.

